

Friday 15 March 2024

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**Cyber-attacks and cyber security** There have been clear examples of cyber-attacks affecting healthcare providers, nationally and internationally and including a Scottish health board, this week. We in Grampian are not affected, but we cannot afford to be complacent. While we have robust procedures in place, we are constantly reviewing these, and we all have a role to play in keeping our systems secure and confidential information safe.

Be on the lookout for phishing emails, ensure your passwords meet our security requirements, and if you are away from your device, lock it! The 'Do IT Securely' training, available on Turas, is mandatory and should be completed annually. [This helpful guide was compiled for Cyber Security Week.](#)

**Board meeting – Chair's report** The Grampian NHS Board met yesterday, and as usual chair Alison Evison has written a short round up of the proceedings; [click here to read it](#). If you would like more detail on any of the items discussed, all board papers are available on our public website here: [14 March 2024 \(nhsgrampian.org\)](#)

**Nursing, Midwifery, and Paramedic journal club - open to NHSG nurses and midwives** The next journal club will take place next Wednesday (20 March) at 1pm; Dr Emma MacIver will present on a fascinating and highly relevant paper focussing on factors shaping women with learning disabilities' motivations and access journeys regarding cervical and breast cancer screening. The article is available to read here: [Factor influencing women with learning disabilities deciding to, and accessing, cervical and breast cancer screening: Findings from a Q methodology study of women with learning disabilities, family and paid carers - Sykes - 2022 - European Journal of Cancer Care - Wiley Online Library](#)

Please be aware that this paper, and as a result the journal club discussion, contains discussions of illness and cancer which may be distressing to some. [No need to register, just save this link.](#)

## That was the week that was

Monday 11 – national mental health nursing review, secondary care hubs update

Tuesday 12 – non-pay elements of the 2023 AfC deal, Long COVID service update

Wednesday 13 – financial position, reminder to take full annual leave allocation

Thursday 14 – retention of records/other information for COVID inquiries & investigations, how to report vending machine faults

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

**STAR Award** Congratulations to Fiona Mitchell (Nurse Manager) and Nicola Taylor (Assistant Support Manager) who have been presented with the team STAR Award. They were nominated for being the main organisers of the reindeer visit to ARI in December. Over 1,000 staff, patients, and visitors attended this event which brought joy to many across Foresterhill. To make a STAR award nomination, you can [complete the online nomination form](#), or email the details of the person/team you want to nominate to [gram.staffthanksandrecognition@nhs.scot](mailto:gram.staffthanksandrecognition@nhs.scot)

While you're in a nominating mood, remember our Green STAR award, recognising efforts focused on sustainability. [Nominations can be made here](#) or by scanning the QR code below:



**Tune of the day** It's St Patrick's Day this weekend, and as a proud daughter of the Emerald Isle, I have to feature an Irish artist. Since Snow Patrol leader singer Gary Lightbody and I share a hometown, please enjoy [Hands Open](#). My nationality also means I am hoping for a very different result in Dublin tomorrow to most of you. Sorry (ish).

Whatever your plans for the weekend – working through or winding down – take care. The brief will return on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)