

Thursday 16 May 2024

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**iMatter 2024** Team confirmation ends tomorrow (17 May) at 5pm and the questionnaire will go live from 12 noon on Monday. With a total of 19,000 emails to issue, it can take time for them to land in everyone's inbox, so please be patient. iMatter is a chance for you to share your feelings about working here, but completing the questionnaire is just the start. The results offer you and your team/service the chance to build on the things you are good at, as well as addressing the challenges. Remember, the higher the response rate, the more meaningful the final reports are. If you are in one of the few teams left to confirm and need some help, contact [gram.imatter@nhs.scot](mailto:gram.imatter@nhs.scot)

**Dr Gray's Hospital - production kitchen closure** The production kitchen at Dr Gray's Hospital (DGH) will close next week and remain closed for around 21 weeks. This is to allow for essential floor replacement work. With one of our three main production kitchens out of service several temporary changes are required, taking effect from next Wednesday (22 May):

Patient meals at DGH will move from a trayed meal service to a bulk food service provided at ward level. Throughout the works, all meals will be bought in on a two-week menu cycle and will be transported from Seafield Hospital in Buckie twice daily. Porridge will not be available for breakfast at DGH.

Patient meals for all community hospitals in Aberdeenshire and Moray will move to bought in meals on a two-week menu cycle.

All patients on an IDSSI level 4 diet/menu will move to a bought in meal service on a two-week menu cycle. We plan to continue making IDSSI level 4 snacks via the Royal Cornhill Hospital kitchen.

Meals provided in the DGH café will move to a two-week menu cycle and will only be sold in disposable container. Chips and other fried foods will not be available during this time; oven cooked potato wedges will be available as an alternative.

Temporary patient menus during this time have been agreed by the NHS Grampian menu review group.

We know this will be a period of disruption and adjustment and we are asking for your patience and support. If you need to speak to the kitchen team at DGH, all extension numbers remain the same, as lines will be diverted.

**Dementia Awareness Week** This annual event will get underway on Monday 27 May. There's lots planned for the week, here is a taster of what's to come:

- The NHS Scotland dementia consultant group will hold one of their regular webinars on Wednesday 29 May. This is aimed at anyone with an interest in dementia care, including dementia ambassadors, champions, and specialist improvement leads. The topic for this session is My Amazing Brain, with a presentation from Brain Health Scotland. The webinar will take place between 2.30-3.30pm, [you can register using this link](#).

- Also on Wednesday 29 May, allied health professionals, including physiotherapists, occupational therapists, and dietitians, will be on hand at the Aberdeen Vaccination and Wellbeing Hub (opposite Costa, Bon Accord). You can drop in any time between 10am and 1pm, to get their advice and practical tips.
- On Thursday 30 May, there will be an afternoon information session, open to anyone who supports people with dementia (and their families) as part of their job. This will take place online, between 1-4.50pm. The topics covered during the session will include an overview of dementia including information relating to Young Onset Dementia and the research developments and opportunities within Grampian. [You can register for this event via this link.](#)

**Parkinson's education event** The north regional Parkinson's Excellence Network (PEN) is holding an educational meeting for those involved with looking after people with Parkinson's on Wednesday 19 June. Running between 1-4.30pm in the Suttie Centre, there are both in-person and online joining options. Registration is via Eventbrite here: [Parkinson's Excellence Network Scotland North Regional Event Registration, Wed 19 Jun 2024 at 13:00 | Eventbrite](#)

**Making and vetting referrals – new project coming soon** An exciting piece of work, led by the Realistic Medicine team, will shortly get underway. This will look at making and/or vetting referrals, so the team are keen to recruit clinical colleagues involved in this work. There will be surveys, focus groups, and one to one interviews to help us better understand the challenges and opportunities around [delivering value-based health and care](#). Watch out for more information coming soon!

**#TeamShire May newsletter** We're pleased to share the latest edition of the Aberdeenshire health and social care partnership newsletter, attached to the email used to send this brief. This issue includes a great feature on a day in the life on Donbank ward at Inverurie Hospital; a real insight into the work of the team there.

**Tune of the day** A very happy Bridgerton day to all those who celebrate – let the 'Polin' era begin! If you've got no idea what that is all about, a happy and sunny Thursday to you. Please enjoy Wolverhampton's finest Slade and [Coz I Love You](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)