

Monday 10 February 2025

Fire safety training – have you done yours? Fire has the potential to devastate lives, buildings, and whole communities. Prevention is vital, which is where our fire safety e-learning comes into play. At present, we are struggling to get above 60% compliance with annual refreshers. We are asking all managers to encourage and support their teams to maintain this training, especially if their role means they don't have easy access to a computer.

More generally, all teams should be vigilant to the risks of fire and carry out either tabletop exercises or practical evacuation drills. This will test your local fire plan and ensure everyone knows their role during a real fire. Further information including how often this training should be completed can be found within the Fire Safety training home page on Turas: [Fire safety | Turas | Learn](#)

Further fire safety support is also available by contacting gram.firesafety@nhs.scot

Patient Transport Service - luggage restrictions When someone is ready for discharge home, or transfer to another hospital, the SAS Patient Transport Service are only able to move small items of luggage e.g., an overnight bag, along with any equipment they require, such as a zimmer frame. If someone has accumulated a large amount of luggage, this should be transferred by relatives or friends. There is limited space in the transport service vehicles and all items must be secured for safety. Please pass this message on to families to keep the service running smoothly.

Core Discharge Document (CDD) Following yesterday's outage, we can confirm CDD is back in use. We apologise for any inconvenience.

Secondary Care Hubs – staffing Due to staff shortages some of the hubs will be running a reduced service for the next couple of months. All hubs will be open at some point every week across Aberdeenshire. Priority will be given to urgent and time critical blood test request. Routine blood tests may have to wait a few days longer than normal. Thank you for your understanding and cooperation.

Paediatric MTC education sessions The next event in this series will take place this Thursday (13 February) between 12-1pm. The topic this time is 'Psychology; not all roads lead to trauma'. To request the joining link, please email gram.nosmtc@nhs.scot

Opportunity for face-to-face VBRP® Essential Tools training With thanks to colleagues at NHS Fife, we have been offered the opportunity to take part in this free training, taking place at Victoria Hospital in Kirkcaldy on Wednesday 26 March. This is a full day training; to register, [simply complete this form](#). If you would prefer to stay local, we hope to restart our own face-to-face Essential Tools training later this year, or if you prefer online you can sign up to the NES Essential Toolkit online training: [VBRP® national training course details and dates | Turas | Learn](#)

ICYMI Poetry Blether Are you curious about words and meaning? Do you want to explore the power of poetry to help express thoughts and feelings? Join colleagues in poetry workshop activities in our first 'Poetry Blether' session at 7-8pm on Tuesday 18 February. The event will take place on Teams, is open to anyone working in health or social care, and the theme for this first meeting is 'Home'. Find out more here: [NHSG Libraries - Poetry Blether](#) and email gram.drgrayslibrary@nhs.scot to request the joining link.

Pause for thought Comparison is the thief of joy, said Theodore Roosevelt in 1910. To what or who are you inclined to compare yourself? Is there a link with your joy?

Tune of the day A strong start to the week, courtesy of Fiona Flett (research nurse); I asked for songs about love, she responded with the ultimate anthem about recovering after love gone wrong. [I Will Survive](#) is our tune of the day (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot