

Monday 10 June 2024

Launch of Health and Safety Toolkit for Managers e-learning programme - essential training for all line managers Our core values are Caring, Listening, Improving. A key part of this is ensuring risks to your health, safety, and wellbeing - and that of patients, visitors, and any other site users - are being managed. There are many legal, moral and financial reasons why we should be committed to this, but perhaps the most compelling is every person employed by the organisation or accessing our services is someone's family member or friend. We want to avoid the pain and suffering incidents cause and do the right thing for you and for service users.

If you're a line manager, you have specific responsibilities for the health, safety and wellbeing of those colleagues reporting to you, as well as any others who may be affected by the activities your team or service carry out. The Health and Safety Toolkit for Managers programme consists of 8 modules which are designed to help you as a manager understand what your responsibilities are, and the tools available to assist both you and your staff to meet these responsibilities. The course is designed to allow you to work at a pace which suits you.

In view of the critical role line managers play in ensuring the health, safety, and wellbeing of staff, patients and other people who may be visiting NHS Grampian sites are being managed, the Health and Safety Toolkit e-learning programme has now been added as essential training for all line managers. The H&S Toolkit for Managers programme can be accessed here: [Information for Managers \(sharepoint.com\)](#)

Realistic medicine – referral decision making The Realistic Medicine Team are commencing a values-based health and care project. Their aim is to explore referral decision making and use this to identify future improvement activity. As part of the project, they are looking to recruit professionals who refer patients to secondary care and/or vet referrals in Secondary Care. More information and a poster to promote the project [can be found on the intranet](#) (networked devices only). If anyone has any questions, please contact gram.realisticmedicine@nhs.scot.

Paediatric MTC education session The next event in this series will take place this Thursday (13 June) between 12-1pm. The topic this time is multi-disciplinary management of abdominal injuries. To request the joining link, please email gram.nosmtc@nhs.scot

Scottish Breastfeeding Week This annual event got underway today, running until 16 June. It aims to focus on enabling new mothers/parents to consider their breastfeeding journey and how they can be supported to:

- breastfeed in public
- breastfeed and return to work
- access local and national peer support

All our premises are signed up to the Breastfeeding Friendly Scotland Scheme. This scheme demonstrates that staff know the laws that protect all infant feeding in public spaces. For more information, visit: [Breastfeeding Friendly Scotland Scheme \(nhsgrampian.org\)](https://nhsgrampian.org/breastfeeding-friendly-scotland-scheme) There is also an NHS Scotland breastfeeding policy, to support those who wish to breastfeed or express milk in the workplace: [Breastfeeding Policy Overview | NHS Scotland](#)

Our breastfeeding peer support service is made up of more than 50 volunteers, who have all breastfed and undergone training to provide local support for infant feeding that compliments the support delivered by our UNICEF Baby Friendly trained staff. For more information contact gram.breastfeedingsupport@nhs.scot

Save the date – next meeting of the Culture Collaborative You are warmly invited to attend the next meeting of the Culture Collaborative, taking place on Thursday 27 June, 10-11.20am. This session will focus on the quality of our listening and provide taster sessions of Spaces for Listening. 'Spaces' is a lightly structured participative process in which everyone has an equal opportunity, in a confidential and voluntary space, to share their thoughts and feelings, and what is going on for them.

Anyone working in health and social care can attend the Culture Collaborative. Just contact gram.culturematters@nhs.scot for the link to join this meeting, and to be added to the distribution list.

Bin your bin! And join Green Star, Aaron Assistant domestic services manager Aaron Sutcliffe has received a Green Star Award for saving us more than 1,300 bags of rubbish every week. His passion for removing general waste bins in favour of fewer recycling stations started when he worked in Ashgrove House at Foresterhill. He has since gone on to transform the way waste is handled in the warehouse at ARI as well as two floors of offices in the Yellow Zone and at Foresterhill Health Centre. He is keen his team, who go above and beyond to make his ideas work, are also recognised and plans to double what they've achieved by the end of this year.

Did you know that every tonne of waste that is recycled rather than put into general waste saves NHS Grampian £110? Get on board and help us save money as well as look after the planet: [4866 Green Star Awards \(snapsurveys.com\)](https://snapsurveys.com/4866-green-star-awards)

Pause for thought We can spend time and energy trying to influence or change situations. What if we decided sometimes to let a situation be what it is, instead of trying to make it what we think it should be? What could you allow to be just as it is?

Tune of the day Audrey Gordon gets us off and running for another working week, with this message: "To all my L&D Colleagues (now Wellbeing, Culture and Development), it's been a blast over the past 7 years, but the time has come for me to move on. Please "Don't forget about me" which was another song from Simple Minds I had thought of requesting. I will still be in NHSG so hope to see you all again soon!" Audrey has requested Nelly Furtado and [All Good Things \(Come to an End\)](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot