

Monday 10 March 2025

Could geothermal energy heat our buildings? In an exciting development – and a potential Scottish first - a feasibility study looking at the potential of using geothermal energy to heat our buildings will shortly get underway in Aberdeen. Thanks to national funding, we will be working with TownRock Energy to see if this could be a practical and green solution to our energy needs. More information is available here: [NHS Grampian makes case for building Scotland's first deep geothermal heating plant](#)

Consultation on 'Once for Scotland' Workforce Policies – one week to go The following 'Once for Scotland' policies are currently out for consultation: Alcohol and Other Substances, Smoking and Vaping, Work-related Stress, Work-related Violence and Aggression, Work-related Driving, Manual Handling, Lone Working, Control of Substances Hazardous to Health (COSHH), Menopause and Menstrual Health, and Adverse Weather.

Full information on the policies is available in the [consultation paper](#) (intranet link, networked devices only). The consultation will **close** next Monday (17 March); your views are vital to shape the final policies. You can take part here: [NHS Scotland Once for Scotland Workforce Policies 2025](#)

Advanced Life Support Course (ALS) Moray The resuscitation department are running an ALS course in Elgin on the 23 and 24 April and there are still a few spaces available. If you are interested, please contact gram.resustraining@nhs.scot for more information.

Numeracy Champions training We are pleased to share an opportunity for colleagues to train as National Numeracy Champions. These champions are typically those who are in roles where they support others in the workforce. On completion of 2 x 2-hour modules, they will be able to support and coach others in discussions around everyday numeracy. You will **not** be teaching maths or numeracy; you are inspiring and coaching others to undertake and use this everyday skill. The following dates are available (you must attend both sessions), all sessions run 1.30-3.30pm:

- 17/26 March
- 20/27 March
- 21/28 March

This course is fully funded for those living/working in Aberdeen City. You can book your place via this link: [Become a Numeracy Champion – Multiply | National Numeracy](#) applicants **MUST** also email gram.practiceeducation@nhs.scot to inform us of the booking along with what area they work in. **Please input your postcode as AB25 2ZN as proof of work within Aberdeen City in NHS Grampian (for external funding).**

Brain Health & Dementia Resource Centre open day Today sees the start of Brain Awareness Week; on Thursday (13 March) you are warmly invited to drop-in to the Brain Health & Dementia Resource Centre in Aberdeen. This facility is run jointly between ourselves and Alzheimer Scotland and is at 13-19 King Street. No booking required, the centre will be open between 11am-3pm. Come along and find out more about how to keep your brain healthy and reduce the risk factors for dementia as well.

Tissue viability team newsletter The latest newsletter from the tissue viability team is available to read here: [Newsletter March 2025](#)

Pause for thought Vincent Van Gogh said success is sometimes the outcome of a whole string of failures. What have you learnt from your failures, and how might you use that learning for future success?

Tune of the day Tracey McLuckie gets us started for another working week, sending a dedication out to all the domestic teams working across our community facilities, and requesting [Angst by Blutengel](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot