



Friday 11 October 2024

Staff social activities fund NHS Grampian Charity is delighted to share that charity trustees have approved £10 for Staff Social Activities for another year. This funding allows you to claim £10, per colleague, towards the cost of a social activity, to help improve your physical and mental health. All activities must take place before 31 March 2025. Claims must include at least two NHS Grampian staff and must take place out-with NHS Grampian premises. The funding cannot be used to purchase alcohol or pay for travel costs.

The application form is now available to download from the Intranet and can be submitted for reimbursement after the event has taken place. Please ensure you have fully read and understood the <u>updated guidance before applying</u> (networked devices only).

Chair's blog Alison Evison has prepared her usual report, following yesterday's board meeting. You can read it via this link: <u>Board Briefing October 2024 (cloud.microsoft)</u>

Do IT securely A reminder this e-learning will be updated and relaunched on Monday. If you are working on the current version, you must complete this by Sunday, or your progress will be lost. If you have already completed this training in the last 12 months, you are **not** required to complete the new training.

Challenge Poverty - NHS Grampian as an Anchor organisation We know people living in poverty have poorer health at all ages compared to people who are not in poverty. Some of the things that help people stay in good health include having money to live, a meaningful job and opportunities within their local community. As an anchor organisation we can use our resources to enable people to stay in good health by being intentional about how and where we spend our money (for example, with local suppliers), how we provide good work accessible to all and how we use our buildings in local communities.

We have approximately 17,000 employees and a vast estate of land and buildings. By taking new approaches to attract and recruit people we can address current recruitment and retention challenges while supporting people into work. We can work with other anchor organisations and our communities to identify where services can be co-located to reduce capital outlay. We spend around £300million a year buying in goods and services; directing just an additional 1% of this spend into local business would contribute an additional £3million into the local economy.

If you would like to hear more about our work as an anchor organisation, we are holding information workshops on Teams on Wednesday 13 November 2-3pm and Thursday 21 November 10.30-11.30am, please email <u>gram.directorofpublichealth@nhs.scot</u> to book a space.

Realistic Medicine Newsletter - The latest edition of the <u>Realistic Medicine Newsletter</u> is now available! These newsletters will be published periodically throughout the year to highlight exciting project updates. In the meantime, stay informed about ongoing work by following NHS Grampian Realistic Medicine on social media, accessible through the newsletter.

Aroma Green Zone is 10! Our Aroma outlet on the ground floor of the Green Zone/ARI turns 10 next week. From Monday 14 until Friday 18 October, you could be in with a chance of winning a prize; all you have to do is wish the team a happy birthday while picking up your coffee, sandwiches, or snacks. Birthday wishes must be given in person!

That was the week that was

Monday 7 – Teams clean up – action required, City domestic abuse support database evaluation

Tuesday 8 – updated staff vaccination clinics, new home for clinical skills website

Wednesday 9 – finance efficiency protocols, reducing overtime/additional hours

Thursday 10 - requesting backfill to support reduced working week, new hate crime reporting module

<u>All briefs are stored online, just click this link</u> or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award No new presentations to share this week; you can put forward a colleague or a team for a STAR award at any time, <u>by completing the online nomination form</u>, or emailing the details of the person/team you want to nominate to <u>gram.staffthanksandrecognition@nhs.scot</u>.

Tune of the day Angus Ross from the microbiology lab takes us towards the weekend with his suggestion of <u>Aaj Shanibar by Rupa</u>.

Whatever your plans, I hope it's a good one. The City and 'Shire schools break up this afternoon; if you're off on holiday, enjoy! Finally, a blessed Yom Kippur to those marking the occasion (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>