

Daily Brief...



Monday 12 August 2024

I don't know about anywhere else, but we witnessed several heavy downpours in Aberdeen today, so I want to offer thanks to our estates and maintenance teams. I know they've had a busy day dealing with the rain and wind and the associated problems it brings. We're grateful for all you do!

Putting People First – offering hope through new collaborations As we all know, the health and social care system in Grampian, Scotland and the UK, is under enormous and sustained pressure. We need to find new ways of working to help people live in good health for as long as possible. To better understand how the system can support the needs of our communities, we – staff and members of the public - need to work together as equals, breaking down barriers between services and communities, and transforming the way we deliver care together.

Based on extensive engagement and best practice, NHS Grampian has designed Putting People First, our new approach to listening to and involving everyone living in the local area. Putting People First now has its own webpage, [please follow this link to find out more](#), including how your team can get involved. This is a long-term commitment to changing how we do things, and we are starting with focusing on a small number of priorities to set the foundations over the next 2 years.

Part of setting the foundations is to support a small number of teams to hold appointment/outpatient sessions in local communities. These are known as 'Community Appointment Days' and they focus on a particular condition or service such as physiotherapy. Clinicians will be joined by community supports and charities to offer a 'one-stop shop' to those who come along.

Community Appointment Days are aimed at making services more effective by enabling better collaboration with local resources, helping people to manage their own conditions more effectively, and connecting them with other organisations and groups who can support them.

Interested? We are holding an open session on Tuesday 3 September on Teams at 10am for anyone who wants to find out more or get involved and be inspired by the great work happening in this space. If you are interested in attending, please contact: gram.puttingpeoplefirst@nhs.scot

Recycling reminder It's now 10 years since the Waste (Scotland) Regulations 2012 made it a legal requirement for all businesses to be recycling the key materials of cans, plastics, paper, card and glass. Unfortunately, there are still too many sites across NHS Grampian where this is still not happening properly, or in some cases at all. But you can help! If you find yourself putting recyclable materials into black or orange bags - ask yourself why? Where is the nearest recycling bin? If there is not one where recycling is being produced, they can be ordered on Pecos from our current supplier Wybone. The code for ordering is CAP/AP/70L/FB/WTE/GRN

Recyclable waste disposed of wrongly is costing us around £100,000 per year in additional disposal costs. Recycling makes sense for the planet **and** our bottom line. If you have any questions around what

can and can't be recycled at work, or for advice on where bins can be located, please contact Waste Manager neil.duncan3@nhs.scot

ICYMI - Infection Prevention Society - Scotland branch conference The Scottish branch of the Infection Prevention Society is bringing their annual conference to P&J Live in Aberdeen on 29 August. This free event is open to all healthcare professionals, whether IPS members or not.

For more information and to register, simply follow this link: [IPS Scotland 2024 \(eventsair.com\)](https://eventsair.com)

Diabetes MCN Professional Conference We are delighted to announce this year's event will take place on Wednesday 18 September at the Aberdeen Altens Hotel and registration is now open. Key themes include prevention, early intervention, intelligent use of data and use of technology. As always, we will focus on networking, and sharing our challenges & successes, along with providing a broad range of educational talks and interactive workshops.

[The programme and workshop brochure, along with the registration link, is available here](#) (intranet link, networked devices only). We hope to see you there; if you have any queries, please contact us on gram.mcn@nhs.scot

Primary Care Dermatology Society (PCDS) Scottish meeting This event will take place in Glasgow on Saturday 14 September at the Village Hotel. This meeting is free of charge to attend and the [programme is available here](#). In addition, there will be a north of Scotland meeting in Aberdeen on Wednesday 11 September. More information and booking details for both events are available on the PCDS website: [All PCDS Events](#)

Pause for thought We often think the choice is yes, or no - but perhaps there could also be an 'and' or an 'or'. If you always say 'yes', then what is your 'no' worth?

Tune of the day Penny Gillies answered my call for a short song with [Never Going Back Again](#) by Fleetwood Mac; a very precise 2 minutes 15 seconds. What are your favourite short (under 2 mins 30) songs? Let me know! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot