

Friday 14 February 2025

RSV vaccine study suggests reduction in hospitalisations A new study from Public Health Scotland (PHS), in collaboration with the University of Strathclyde, shows a 62% reduction in respiratory syncytial virus (RSV) related hospitalisations among the eligible age group following introduction of the vaccine.

The study concludes the RSV vaccine is highly effective in reducing hospitalisations in older adults. RSV is a common and highly infectious respiratory virus that affects the breathing system and can be very serious for those who are at the highest risk of serious illness from the infection, including older adults.

The RSV vaccination programme was launched in August last year with adults aged 75-79, including those turning 75 before July 2025, invited to come forward for immunisation ahead of winter. By the end of November 2024, uptake of the vaccine in this older adult population had reached a notable 68%. The study has been published in The Lancet, more information here: [Early evidence of RSV vaccination impact on hospitalisation rates of older people in Scotland - The Lancet Infectious Diseases](#)

NES survey - Enhanced and specialist psychological interventions and therapies NHS Education for Scotland is running a survey designed to support them to build a more complete picture of the national capacity to deliver enhanced and specialist psychological interventions and therapies in NHS Scotland. [Further information is available on the intranet here](#) (networked devices only); please note the survey closes on **21 February**.

Aberdeenshire HSCP newsletter The latest edition of the Aberdeenshire HSCP newsletter is out now and it's a budget special. [It's available on the intranet via this link](#) (networked devices only)

Stand Up To Falls Did you know that from age 30, our muscles can lose up to 8% of their strength each decade? This can make daily activities more difficult and increase the risk of having a fall. Sport Aberdeen, in conjunction with NHS Grampian and Aberdeen City Health and Social Care Partnership, are looking to share this message and encourage people to take action to help reduce their risk of falls. Please see their web page: [Stand Up to Falls - Sport & Activities - Sport Aberdeen](#) and join them in sharing this important message

STAR Award Today we tip our hat to Hannah Hollis, Lead ANP in Aberdeenshire and recent winner of a STAR Award. Her nomination described her as an exceptional leader, adding her guidance and support have had a profoundly positive impact on her team's professional journey. If you want to nominate a colleague or team, please use this form: [STAR Award nomination form](#)

That was the week that was

Monday 10 – fire safety training reminder, luggage restrictions for Patient Transport Service

Tuesday 11 – dementia webinars for AHPs, advanced life support training – March dates available

Wednesday 12 – February edition of 'Ask Adam', relaunch of Green Bag scheme

Thursday 13 – Band 5 nursing review/RCN roadshows, NHS Scotland event - call for posters

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

Tune of the day Sure as day follows night, when I give you a theme, there's a Friday tune dump. Buckle up...Colleen Anderson (HCSW, sexual health service) suggests [Love On The Rocks](#) by Neil Diamond, while King Riddell (ARI theatres) dedicates [Somebody That I Used To Know](#) to the ghosts of lovers past.

I'm not going to lie, I was getting slightly concerned about you all, given the choices we've had this week, however, there's a late push to restore my faith in love. Hannah McKay (Newburn Health Care) requests [All For Love](#) by Bryan Adams, Rod Stewart, and Sting, Angus Ross in microbiology suggests [Reminiscing](#) by Little River Band, Donna Dyker (management secretary in MH&LD) asks for Nat King Cole and [L-O-V-E](#), Viki Rafferty (also in MH&LD) puts forward [Love At First Sight](#) by Kylie and Shona McLeman (sexual health service) rounds us off with [Fly On The Wings Of Love](#) by The Olsen Brothers.

Nothing to do with love, but Emma Gowie has asked for [One Step Beyond](#) dedicated to the Spreadsheet Sorcerers and everyone else taking part in the Step Count Challenge.

Have a great Friday, and a better weekend. Thank-you, as always (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot