



Friday 15 November 2024

Project CAELUS We are pleased to announce live drone flight activity is coming to Grampian for 4 weeks from next Monday (18 November). The drone flight trials are part of an innovation project (Project CAELUS) led by AGS Airports and supported by 16 different industry partners. The NHS in Scotland has played a key role within this project, with NHS Grampian being the lead NHS partner for this work. The goal of the innovation project is to assess the feasibility of using drone enabled delivery methods for the transportation of urgent medical samples and supplies. The short period of live flight trials will see drones flying medical supplies between Elgin and Aberdeen. For further information please visit: <u>AGS</u> <u>Drones</u>

World Prematurity Day Marked each year on 17 November, World Prematurity Day raises awareness of premature birth and the significant impact this can have on families across the world. 1 in 10 babies are born premature globally; it is estimated that 58,000 babies are born prematurely every year in the UK. The team in the Aberdeen neonatal unit have been marking this occasion today, along with families. Nurse manager Nicole Bauwens said: "*I want to thank the team in the unit for their hard work all year round and to express my gratitude to the families we meet. It is a privilege to care for your newborn and for you.*"

November is oral cancer awareness month This is your reminder to spend a little time checking your mouth in the mirror. In the UK over 8000 cases of oral cancer are diagnosed every year; more people in the UK die each year of mouth cancer than of cervical and testicular cancer combined. What to look out for:

- Red or white patches
- Unusual lumps or bumps in your mouth
- Ulcers that do not heal within 3 weeks
- Persistent soreness in your mouth
- If you notice any changes in your mouth that don't go away after two weeks, see your dentist or GP.

For more information about mouth cancer including facts, figures and how to reduce your risk, check out <u>Let's Talk About Mouth Cancer (Itamc.org)</u> and <u>Mouth Cancer Foundation</u>

To get local information on dental services, details on dentists accepting new NHS patients and what to do in a dental emergency please visit <u>Dental Advice Grampian | Advice and Information for maintaining oral health</u>

That was the week that was:

Monday 11 – equality outcomes consultation, waste e-learning on Turas

Tuesday 12 – finance Q&A sessions – next week, safe swallowing and texture modified diets training

Wednesday 13 - respecting our neighbours, staff social activities fund

Thursday 14 – Band 5 nursing review update, urgent appeal for job matchers

<u>All briefs are stored online, just click this link</u> or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award No presentations to share this week; as always, we'd encourage you to put forward a colleague or a team for a STAR award, <u>by completing the online nomination form</u>, or emailing the details of the person/team you want to nominate to <u>gram.staffthanksandrecognition@nhs.scot.</u>

Yule Time at Night The team at Little Acorns nursery will be hosting their annual Christmas fayre on Friday 6 December, 5-7.30pm. There'll be craft, face painting, games galore, and a chance to meet Santa Claus. Appointments with Mr Claus must be booked and cost £5 per child (includes gift). Entry to the fayre cost £3 for adults, £1 for children under 12. Tickets and Santa visits can be booked in advance by contacting Laura Yeoman – <u>laura.yeoman@nhs.scot</u> This event is open to all; your child(ren) don't have to attend Little Acorns.

Bootcamp taster sessions Rebel PT are offering a free taster session for their fitness bootcamp sessions. They run classes in parks in Aberdeen, Stonehaven, and Westhill. To book your free session, visit <u>Aberdeen Rebel PT - Rebel PT Fitness Bootcamps</u>

Tune of the day Marie Reid has been in touch to thank everyone for their help in celebrating 40 years with the NHS this week, and to request <u>Ruby by Kaiser Chiefs</u> for her ruby work anniversary.

To mark World Prematurity Day this Sunday, Nicole Bauwens from our neonatal unit has requested Athlete and <u>Wires</u>, a song written about the experience of having a premature baby.

We're making our way to the end of another working week – for most of us. If you're on shift tonight or over the weekend, take care. If you've got some down time this weekend, enjoy it and stay out of your inboxes. The brief will be back on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>