

Monday 18 November 2024

Mental health bed base review A bed base review of inpatient mental health beds across Grampian has been commissioned with the aim of achieving a balance between capacity and demand within the resources we have. This will involve looking at usage of service areas, and how pathway redesign can help put the system back in balance. For context, this system sits at G-OPES level 4 most days.

The mental health bed base review is drawing on the experience and expertise of those working in the system to understand how to better match capacity to demand, and how the risks associated with any change proposals can be safely managed. Two recent workshops involved stakeholders across the health & social care partnerships and specialist services and resulted in very informative discussions. Further updates will be provided via this brief as the review progresses.

World Antimicrobial Resistance Awareness Week Antibiotic resistance is a serious and growing healthcare challenge. Analysis of deaths in the UK in 2019 found an estimated 7,600 were directly due to infections resistant to antibiotics. Our antimicrobial stewards will be working throughout this week to raise awareness, share guidance on appropriate prescribing, and remind the public antibiotics do **not** work on viral infections. You can play your part by pledging to become an antibiotic guardian here (there are a range of pledges, you do not need to be a clinician): [Antibiotic Guardian – Pledge to be an Antibiotic Guardian](#)

Technology Enabled Care (TEC) awareness week Aberdeen City health and social care partnership are spotlighting the use of TEC this week, sharing a wealth of information across their social media platforms and hosting various in-person events. These events offer a unique opportunity to see equipment first hand and engage with knowledgeable staff. You are welcome to drop in at the following:

- Tomorrow (Tuesday), 9am-12pm, Health Village, Frederick Street
- Tomorrow (Tuesday), 10am-3pm, Specialist Resource Solutions, Union Point, Blaikie's Quay
- Wednesday, 10am-2pm, Marischal College, Broad Street
- Thursday, 1-4pm, Aberdeen City Vaccination Centre and Wellbeing Hub, Bon Accord Centre

You can also follow the Aberdeen City HSCP on Facebook and X (Twitter).

Fraud awareness This week is international fraud awareness week. Over the course of the week, we will be sharing some key messages. Today we are looking at what fraud is, and a short presentation can be found here: [Monday - What is fraud.mp4](#)

Director of Public Health annual report - 'Working Together to Help Health Happen' This year's report, [available to read here](#), reflects on the collective work undertaken with our partners to reduce the inequalities that determine poor health, and to help create a healthier, fairer, and safer environment. We now need to build on these strong foundations to increase the scale and impact of our activities, shifting the balance from responding to problems to early intervention and prevention so that our population can live more years in good health.

Lane closure – loop road, Foresterhill Work on the new mortuary at Foresterhill will require restrictions on the loop road this weekend (23/24 November). Traffic coming from the Westburn Road side will be able to use the road as normal. However, traffic coming from Ashgrove Road West will only have access to the car parks, ONE BioHub and Foresterhill Health Centre – there will be **no through route**. Access to the Emergency Department will be via the Westburn Road or Cornhill Road entrances to the Foresterhill site. Restrictions will apply from 7am on Saturday morning, until 4pm on Sunday afternoon. We apologise for any inconvenience.

NoSCAR NMAHP research in Grampian seminar series The next seminar in this series – focusing on evidence-based practise - will be held via Teams this Wednesday (20 November) from 1.30-2.30pm. No need to book, [you can join using this link](#).

Secret Santa Gleneagles draw It's back for 2024! We have 38 vouchers for an overnight stay for two, including breakfast, at Gleneagles to give away. The draw is now open with entries taken until 11.45pm on Sunday 15 December. [All the information you need to enter is on the intranet here](#) (networked devices only). This draw is open to NHS Grampian employees with a substantive contract and is limited to one entry per employee. Full terms and conditions are at the page linked above.

Pause for thought For what are you grateful today? How will this sustain you?

Tune of the day Dave Evans (senior healthcare support worker at RACH) kicks off a new week in fine style with Fleetwood Mac and [The Chain](#). Dave is sneaking in an extra request, dedicating [Zombie](#) by The Cranberries to HDU colleague Chloe, who said that's how she felt after a stint of night shifts. I think we can all empathise with that feeling! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot