

Thursday 19 September 2024

NHS Grampian – Annual Review 2024 Each year, NHS Grampian’s performance is reviewed. This year’s Annual Review will be led by Maree Todd MSP, Minister for social care, mental wellbeing and sport. Ms Todd will be supported by Caroline Lamb, director general and chief executive of NHS Scotland. An engagement event will take place on 21st October from 2-3pm and is open to all, both online and in person at Alexander Graham Bell Centre, Moray College, Moray St, Elgin, IV30 1JJ. This Public Session will include an introduction by the Minister, a presentation by NHS Grampian Board Chair and a Q&A section. Members of NHS Grampian Board and executive leadership team will be present.

There is an opportunity for members of the public to ask questions to the panel. More information can be found on [this webpage](#). We will continue to highlight this in the Daily Brief and on the intranet in the coming weeks.

Adult Chronic Pain inpatient referrals – change to referral process The Chronic Pain Service is now moving from an email-based referral system to referral via TrakCare Order Comms for all adult inpatient referrals. The referral should be attached to the patient’s current IP episode, and ‘Chronic Pain Referral’ selected within the ‘Consultation Requests’ tab.

Colleagues are asked to move to the new system promptly, however the team will continue to accept email form referral for a period of one month. Please note that all inpatient referrals are seen within a timeframe of 10 days from point of referral. It may not be possible for the service to accommodate more urgent review. Where this may delay discharge, an urgent outpatient review can be arranged.

Overtime reduction As per the global email issued on Tuesday, the Value and Sustainability Programme is supporting the organisation to achieve financial balance. This includes reducing the use of excess hours and overtime. Read the full [overtime reduction](#) update (networked devices only).

Innovation Hub Newsletter The first ever issue of the [Innovation Hub Newsletter](#) is now available to read. These will be released throughout the year, when there are exciting project updates to showcase to all. In the interim, you can keep up-to-date with regular work through Innovation Hub social media platforms, which are accessible via the newsletter.

Reporting sickness absences on SSTS due to workplace violence or aggression No-one should consider receiving verbal or physical abuse to be an acceptable part of their job. It’s vital any incidents of this which result in staff being off sick are properly reported. This gives us the opportunity to do something about it and reduce the risk to you. Any staff sickness absences resulting from workplace violence or aggression must be recorded using the specific code provided for this purpose on SSTS. This can be done on SSTS by selecting ‘Absence Type – Sick Leave’, then ‘Absence Type Reason – Violence and Aggression’.

Resuscitation team – training available There are many different resuscitation training courses available, both in-person and online. Below you will find information on a few key courses, but for further information please check out 'Resuscitation course information' [on the team's intranet page](#) (networked devices only). When booking any courses on Turas, it is also essential to read the course description and pre-requisites in full.

- *Adult basic life support and automated external defibrillation.*
- *e-ILS. Immediate life support training*
- *Deteriorating patient course.*
- *In-house emergency simulation.*

A new course on 'Clinical emergency debrief training' is also in development which is aimed at those members of staff who may be expected to lead a debrief following a clinical emergency. If you, your team or your department would be interested in piloting this new course once available, please contact the resuscitation department to discuss.

Foresterhill car park update Those of you based at Foresterhill Campus are keen for an update on our request to vary the planning conditions for the multi-storey car park. We have been asked for supplementary information from Aberdeen City Council, particularly around our traffic management plans, and will be providing this information to them. In the meantime, the temporary arrangement, which allows staff parking from Level 6 and above remains in place.

There are occasionally posts across social media describing this facility as 'gridlocked'. At very busy times – typically late afternoon, as visitors depart and the roads around the site become busier – there can be queuing. Our site teams are generally able to clear these queues quickly. Reverse park whenever possible, as this supports good traffic flow.

More generally, we want to remind everyone of the importance of abiding by all traffic management on all sites. Do not park on double yellow lines or hatched areas. Do not remove traffic cones to park. These are in place to ensure emergency service vehicles can get prompt access when required. Please respect blue badge and patient only spaces. If parking off site, show due consideration to our neighbours.

Adult support & protection (ASP) trauma-informed practice Being 'trauma-informed' means being able to recognise when someone has been affected by trauma and then adjusting how we work to take this into account. Our multi-agency ASP group have commissioned an evaluation of how trauma-informed our practice is across Grampian. A key aspect of this evaluation is to capture the views of key stakeholders, including frontline workers from all professions involved in ASP, and of those with lived experience. We will be doing this in several ways, including a series of virtual focus groups to generate multi-agency discussion on the topic. The first focus group will take place next Thursday (26 September) from 9.30-11am on MS Teams. If you are interested in being involved, [use this link to join the meeting](#). If you are not comfortable sharing your views in an open forum, alternative arrangements can be made by emailing yvonne.davidson7@nhs.scot We appreciate your input into this important piece of work.

Alzheimer Scotland - Brain Health Open Day Come along to find out how to protect and improve your brain health. This event is for anyone who has an interest in, or concern about, their brain health. It's never too early and never too late to care for your brain. The event will take place on Thursday 26 September from 11am to 3pm at Brain Health and Dementia Resource Centre, 13-19 King Street, Aberdeen, AB24 5AA. For more information, please contact the centre on 01224 644077 or email AberdeenCityServices@alzscot.org

Events to explore history of Foresterhill Grampian Archivist Fiona Musk is to give a talk at the Information Centre, Aberdeen Central Library on Wednesday 2nd October from 6 to 7.30pm. She will present a new publication (with research assistance by Diane May) commissioned by Grampian Hospitals Art Trust looking into the development of the Joint Hospitals Scheme. The scheme saw three Aberdeen hospitals relocate to their current site in 1920. Attendance is free, [booking is recommended](#).

On Saturday 5th October, from 11 am – 12 pm, Fiona will lead a walking tour of the Foresterhill site, where you will have the opportunity to learn more about the site and discover its secret histories. Attendance is free, but, again, [booking is recommended](#) as places are limited.

Online Book Blether for National Poetry Day To celebrate the wellbeing power of reading and writing poetry, the NHS Grampian Book Blether Group invite colleagues from across health and social care to a lunchtime, online event on Thursday 3rd October at 1pm. The theme for this special event is Words for Wellbeing. Facilitators will use poetry to prompt group and individual reflection on how words can make us think and feel. There will be an opportunity to dabble in a little poetry writing too. Email cornhill.library@nhs.scot for joining details.

Spin – staff offer There's an opportunity to try your hand (feet?) at spinning this weekend. [View offer.](#)

Tune of the day Catherine Bolt from the Chronic Pain Service is keen to recognise her amazing former colleagues in Ward 216 Cardiothoracics who are taking part in The Beast this weekend – Team Fast AF. Best of luck to you all, and to all the other teams taking part. [Heart](#) by Nick Lowe is for you (KJ).

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot