

Wednesday 2 April 2025

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**TrakCare upgrade – are you ready?** There will be a planned TrakCare upgrade on **Tuesday 22 April** between **10.30pm-3.30am**. TrakCare will be **unavailable to all users** on shift during this time. We encourage all service areas to use the next **3 weeks** to ensure appropriate contingency plans are in place to accommodate this downtime.

All staff on shift or on call are encouraged to apply for access to BOXI via [gram.businessobjects@nhs.scot](mailto:gram.businessobjects@nhs.scot) as additional static Inpatient EPR Summary and handover reports will be available via BOXI only during the downtime. Thank you for your support and cooperation.

**Antimicrobial guidance updates** The antibiotic pharmacists have provided the following updates:

- [Hospital Antimicrobial Documentation Guidance](#), including how to record antimicrobial duration on HEPMA. Indications for antimicrobials must be documented in the medical notes by the prescriber along with a planned treatment duration every time a new antimicrobial is prescribed. This contributes to good care of patients with infections and helps to achieve national antimicrobial stewardship targets on reducing antimicrobial consumption.
- [Paediatric guidance for appendicitis/peritonitis](#) - including updated antibiotic choices and duration.
- Diabetic foot guidance - Link updated to new [Diabetes department guidance](#) (from both Hospital and Primary Care guidance).
- [Pathogen-specific guidance](#) - New section added to Hospital Guidance for Adults with direct links to Staphylococcus aureus (including Staphylococcus aureus bacteraemia), Clostridioides difficile, MRSA decolonisation, Covid-19 and 'Increased dose required' guidance.

Please get in touch with [gram.antibioticpharmacists@nhs.scot](mailto:gram.antibioticpharmacists@nhs.scot) for any questions relating to antimicrobial guidance.

**Get up, Get Dressed, Get Moving – end PJ paralysis** The physiotherapy team at ARI are working hard to raise awareness of the importance of staying active in hospital. Even just 24 hours in bed can cause hospital acquired deconditioning. This means muscles get weaker, leading to decreased mobility and longer stays. It becomes a vicious cycle, where people have less energy and can be at a much-increased risk of falling or infection. This can mean people are five times more likely to require institutional care, for example, in a care home, when they are discharged. Information leaflets to support patients to be active and encourage them to get dressed and be out of bed, will shortly be distributed across ARI and some community hospitals.

**‘Learning on the Go’** This learning opportunity, offered by NHS Education for Scotland, is open to healthcare support workers, colleagues in business/admin support roles, and facilities & estates colleagues. The next session, on Tuesday 22 April, will focus on leadership and the importance of self-leadership. It will take place between 10-11.30am on Teams. Interested? You can register via this link: [Self Leadership Learning on the Go event for the support workforce](#), but you must be signed up by next Tuesday.

**Cancer Care Spring webinar** Registration is now open for our Cancer Care Spring webinar taking place between 9.30-11.15am on Wednesday 30 April. This session will include future care planning and realistic medicine, psychological support in cancer care, and cancer inequalities. Registration is via this link, all welcome: [Cancer Care Spring webinar](#).

**Blood donation – you've got it in you to save a life** Our friends at the Scottish National Blood Transfusion Service have been in touch with a reminder of how easy it is to donate. Appointments are available at the Aberdeen donor centre at Foresterhill Tuesdays-Fridays, and Sundays. There are also a range of community donation events taking place across Grampian. To find your nearest venue and to check you're eligible to donate, visit the Scotblood website: [Scotblood | Homepage](#). You'll be assured of a warm welcome and a Tunnocks teacake!

### **Wellbeing, Culture, and Development Wednesday**

- **Management Development Programme** Are you now, or do you aspire to become, a manager? Boost your knowledge, skills, and confidence with this course providing invaluable development and support for managers. Limited spaces are available for the next cohort starting 7 April.
- **Leading for the Future 2025** Applications for this national programme for senior leaders (Band 8a+) are open until 25 April. [More information and the application form are on the intranet here](#). Join a 30-min virtual drop-in session on either [Thursday 3 April](#) (12.30pm) or [Tuesday 15 April](#) (3.30pm) for questions about the programme or the application process.
- **Financial Courses coming up** Spaces are still available for the session coming up on 8 April 10-11.30am. The course is suitable for those wishing to gain a greater confidence in financial matters through increased financial knowledge. Booking is via Turas (log-in required): [Your Financial Wellbeing | Turas | Learn](#)

To contact WCD, please email [gram.wcd@nhs.scot](mailto:gram.wcd@nhs.scot)

**Tune of the day** Today's tune has been requested by Rachel Medich, senior charge ODP in the AMH theatres. Last week, her daughter Eilidh – and hundreds of other school children – took part in the Primary School Glee Challenge at the Music Hall. While 'Milltimber Melodies' didn't win their round, a great night was had by all. One of the popular songs performed was [Clearest Blue](#) by CHVRCHES so that's our tune of the day (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)