

Friday 2 August 2024

PhD opportunity for nurses, midwives, and AHPs (NMAHPs) There is opportunity for fully funded PhD fellowships which focus on multi-morbidity research which NMAHPs can apply for. The start of the fellowship is 1st August 2025. Where possible a 6-month preparatory period should begin at the start of February, and we will work with Fellows and their employers to organise release from their current clinical duties for an equivalent to one day a week (20% protected academic time), to work with their supervisors to define the PhD project.

More information is available here: [University of Glasgow - Postgraduate study - Centres for Doctoral Training - Multimorbidity PhD programme for Health Professionals](#). Any NMAHP who meets the eligibility criteria would like support to develop their application, please get in touch with Debbie Baldie (Nursing and Midwifery) deborah.baldie@nhs.scot or Kay Cooper (AHPs) k.cooper@rgu.ac.uk

Update to isolation period for COVID-19 for Hospitalised Patients With effect from 1st August 2024, National Guidance for the isolation period for hospitalised Sars cov 2 detected patients has been revised.

The isolation period is now 5 days from symptom onset (or first positive test if symptom onset undetermined) including resolution of fever for 48 hours without the use of medication.

If the patient is severely immunosuppressed or symptoms persist beyond 5 days, testing may be used to support decision-making (2 negative LFD tests taken 24 hours apart).

Please also refer to the National Infection Prevention and Control Manual (NIPCM) for further details (available on the desktop for all networked devices) or contact the infection prevention and control team on 53249 (Monday to Friday 0830-1630) or the on call microbiologist via switchboard, out with these times.

Updated - staff physiotherapy service self-help guide The staff physiotherapy service produces an information guide, to help you understand the different types of musculoskeletal pain, and how we can all be more physically active. The latest edition focuses on menopause and how it affects musculoskeletal tissue. You can read the full guide here: [NHS Grampian Staff Physiotherapy Service 2024 \(cloud.microsoft\)](#)

Scotland's Health Awards Time is running out to make nominations for Scotland's Health Awards – entries close on Sunday 18 August. This event celebrates the very best individuals and teams working in the NHS in Scotland. A total of 16 awards will be handed out at an event in Edinburgh on 7 November; organisers are particularly encouraging nominations in the **Young Achiever, Allied Health Professional Award, Global Citizenship and Integrated Care** categories. Nominations can be made here: [Scotland Health Awards 2024 \(nationalworldevents.com\)](#) Please note you will need to create an account to nominate.

That was the week that was

Monday 29 – Respiratory illness – symptomatic staff and World Hepatitis Day

Tuesday 30 – Warm Weather and Heat Stress and Microsoft Conditional Access Security Policy

Wednesday 31 – AfC 2023 agreement and Draft dress policy

Thursday 1 – Welcome Foundation Year Doctors and Network Congestion Update

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award If you want to put forward a colleague or a team for a STAR award, you can either [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot

Tune of the day It's another week gone and to play us into the weekend is today's song Michael Jackson's [Black or White](#) (GC)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot