

Tuesday 20 August 2024

Appropriate use of patient provisions As part of the Value & Sustainability Programme, it is essential we are efficient with our resources. All inpatient wards have pantries stocked with snacks and beverages which are for patient use **only**. These are carefully stocked to ensure there is appropriate food, fluid, and nutritional options for the people we care for.

This includes tea, coffee, milk, biscuits, bread and all other provisions supplied by the catering department. Consuming catering supplies compromises the items available and necessary for supporting the food and fluid requirements of patients.

Grampian Gathering Aberdeen City Health and Social Care Partnership are hosting the Grampian Gathering at the Beach Ballroom, Saturday 12 October, 10.30am-4pm. This event is for anyone in the region, aged 50 and over, who is retired, or contemplating retirement. There will be speakers, covering everything from aging well to Power of Attorney. It is free, but booking is strongly recommended. There's more [information on the intranet here](#) (networked devices only) and booking is via Eventbrite here: [Grampian Gathering Tickets, Sat 12 Oct 2024 at 10:30 | Eventbrite](#)

ICYMI – PACS/RIS downtime – this Thursday PACS and RIS will be unavailable from 12.30pm, for approximately 20 minutes, this Thursday (22 August). [More information is available on the intranet](#) (networked devices only).

Cycling safety Our sites are very busy, with many pedestrians, cyclists, car users and others. Please be mindful of your responsibilities to others using a road, including indicating your direction of travel. The Highway Code now indicates a hierarchy of road users; motorised vehicles and cyclists should **always** give way to pedestrians waiting to cross at junctions. Motorists and motorcycles **should not** cut across cyclists at junctions or after overtaking them.

For more information on the hierarchy of road users please follow this link: [The Highway Code - Introduction - Guidance - GOV.UK \(www.gov.uk\)](#)

Evaluation Clinics Clinic slots are now available for August and September. If you are planning a service change or project and looking for advice on any aspect of planning, implementing, writing up or issuing an evaluation, these clinics are for you. Booking is via this link: [Grampian Evaluation Network- Evaluation Clinic's \(office365.com\)](#). If you have any queries or if the clinic date is not convenient, please contact CLeask@aberdeencity.gov.uk or niki.couper2@phs.scot

UK Stroke forum coming to Aberdeen We are pleased to say the 20th UK Stroke forum conference will take place in Aberdeen in 2025. This is the UK's largest multidisciplinary conference for stroke care professionals, to be hosted at P&J Live, 25-27 November. We and University of Aberdeen worked closely with the venue to secure this event, and we look forward to welcoming delegates next year.

Tune of the day It's back to the short songs. We start off with an anonymous request for [Final Day](#) by Young Marble Giants, transition nicely into [Wond'ring Aloud](#) by Jethro Tull, requested by Kathleen Collie (research nurse), and round off with [Istanbul \(Not Constantinople\)](#) by They Might Be Giants, suggested by Susan Jensen (service manager, Acute) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot