

Thursday 20 March 2025

Trak Care upgrade rescheduled

What's Happening & When? The TrakCare Upgrade has been rescheduled to **Tuesday, 22 April**, from **10.30pm-3.30am**.

Who is Affected? TrakCare will be unavailable to all users on shift during this time.

Next Steps We encourage all service areas to use the next 5 weeks to ensure appropriate contingency plans are in place to accommodate this downtime.

Thank you for your support and cooperation.

Key Guidance on Financial Year End Processes [Please follow this link to the guidance to be followed](#) by all staff as we complete the 2024/25 financial year end. This includes the deadlines for submission of required information and, where applicable, specific returns for accrued income / expenditure, and stock holdings. Compliance with this guidance is critical to the successful completion of the financial year end and annual accounts process. If you have any queries on the guidance, please contact your aligned Management Accountant or Finance Manager for clarification. Thank you.

Portfolio Review Update Last autumn the Chief Executive commissioned a review into the portfolio structures established across the health and social care system in Grampian during 2021. This topic was covered in Ask Adam videos and the recommendations from the review were published and presented to GAPF, ACF and the Wider System Leadership at the end of last year. Extensive work went into understanding how the portfolio model was being delivered and received across our system, leading to several recommendations. We would like to thank all those senior managers who contributed through this process and [to share the Portfolio Review Report for those who may not have seen it](#). (intranet link, networked devices only)

In the coming weeks, we will share recent progress from the review, provide information on important next steps and bring you further updates on how this work will support us through the period of strategic change and reform that lies ahead.

Implementing the principles of Realistic Medicine We are looking for examples – and your experiences - of successfully implementing the principles of Realistic Medicine within your roles. Realistic Medicine aims to provide care that is personalised, evidence-based, and focused on what matters most to patients. If you have used these principles to:

- Tailor services to individual patient needs and preferences.
- reduce unnecessary medical interventions.
- enhance patient engagement and shared decision-making.
- improve the overall quality and sustainability of care.

then your contributions will help us understand the impact of Realistic Medicine and identify best practice. Additionally, we plan to create a blog featuring your contributions to highlight these practices and inspire others which would be hosted on the Grampian Realistic Medicine webpage. If you would like to contribute to this blog, please fill in the form via this link: [Implementing the principles of Realistic Medicine](#) or contact: gram.realisticmedicine@nhs.scot

ARI pharmacy main store stock take The annual stock take in the ARI pharmacy main store will begin at 3pm tomorrow (Friday) and continue through Saturday. The following contingency measures will be in place:

- Controlled drug orders should be sent in routine pharmacy drug boxes today and tomorrow
- For emergency orders **only** on Saturday morning, call Ext 53227. Emailed orders will **not** be processed.
- After 1pm on Saturday the standard on-call arrangements will apply
- Normal emergency Sunday service will resume at 9am on Sunday

SafeCare 1:1 Support Sessions Looking for support when using SafeCare? You can now book a slot with a member of the eRostering team to get 1:1 advice and answers. Simply use this link to arrange an appointment: [SafeCare Support Booking Page](#). To make the most of your time, you will be asked to provide some information about your query in advance. If your question can't be answered in the time available, follow-up sessions can be arranged. This is a pilot at present, with slots available on Monday 24/31 March and 7/14 April. Further appointments will be added on a weekly basis. The gram.safecare@nhs.scot email inbox is still available and should be used for urgent queries.

Memorial service for babies lost in early pregnancy There will be a memorial service for babies lost in early pregnancy at Aberdeen Crematorium (East Chapel) on Wednesday 26 March at 10.30am. All welcome; for more information contact gram.chaplaincy@nhs.scot or Ext 53316.

Iranian New Year Thanks to Kirsty Williamson and the North Foresterhill district nursing team for letting us know today is the start of the Iranian New Year. They're wishing Happy Nowruz to their colleague Lida and anyone else marking the occasion.

Tune of the day Linda Hani (senior orthodontic nurse) makes today's request, by way of thanks to all her colleagues at Aberdeen Dental School who came along to her recent retirement tea. After a whopping 40 years in the department, she is ready to kick back and enjoy herself! She's asked for Wham! and [Club Tropicana](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot