

Wednesday 20 November 2024

Adverse weather The fresh snow fall overnight means this is as good a time as any to remind you the adverse weather policy [is available on the intranet here](#) (networked devices only). Our colleagues in the portering and grounds team have shared a helpful poster which explains our gritting procedure and provides useful contact information. This is attached to the email used to send this brief. A huge thanks to everyone in that team for their hard work in clearing the snow.

The current Yellow weather warning will expire today but it is forecast to remain very cold for the rest of the week. We share all Yellow weather warnings, affecting any part of Grampian, via the NHS Grampian social media accounts. Amber and Red warnings will always be shared on the intranet and via global email.

International fraud awareness week Our focus today moves to staff fraud. Examples include stealing NHS property for personal gain, or falsifying records of time worked. If you suspect fraud, of any kind, is taking place report it without delay. You can do this by calling 08000 15 16 28 or by contacting our local fraud liaison officer, Julie Anderson, via julie.anderson24@nhs.scot

Guideline update - Unstable Angina and Non-ST-segment-Elevation Myocardial Infarction Our staff guideline for the early in-hospital pharmacological management of Unstable Angina and Non-ST-segment-Elevation Myocardial Infarction in adult patients has been updated [and is available via this link](#) (intranet link, networked devices only). Clinical teams should ensure they refer to Version 5 of this document and withdraw any out-of-date copies.

Are you involved in cancer services? The North Cancer Alliance prehabilitation project team is gathering information on prehabilitation activities within cancer teams and primary care across the six health boards in the north of Scotland. Prehabilitation involves patients actively preparing for cancer surgery or treatment physically, emotionally, and nutritionally, as well as in practical ways.

We would love to hear about any current or planned activities or ideas from your team, no matter how modest. [All you need to do is complete this short form](#), which will be available until 15 January 2025. For further information, contact amy.anderson8@nhs.scot (transforming cancer care programme co-ordinator).

Staff Equalities Network – meeting 2pm today Hussein Patwa, a non-executive member of our board, will be the guest speaker at today's meeting of the Staff Equalities Network. The meeting will focus on the importance of inclusive workplaces; to request the joining information, please email gram.staffequalities@nhs.scot

Fellowship in clinical artificial intelligence (AI) NHS Education for Scotland is funding three fellowships – two medical, one an AHP – for cohort four of this fellowship. This is in collaboration with Guy's and St Thomas' NHS Foundation Trust. Cohort four will begin next August; it is a 12-month programme which is integrated part-time alongside clinical work. More information is available here: [Fellowships | Turas | Learn](#), applications close on 18 December.

The Innovative Practice of Participatory Research The Grampian Equality Network are partnering with Aberdeen City's Community Empowerment Group to off an information session on participatory research. This will take place on Teams on Wednesday 4 December, between 2-3.30pm. There's no need to register, [simply use this link to join the meeting](#).

Carer Positive tenth anniversary awards We're delighted to say we were the only Scottish health board shortlisted for an award at the Carer Positive tenth anniversary awards, which took place last week. While we didn't win Best Employer for Communications & Awareness – congratulations to the team at NatWest – being a finalist is a real achievement. As an organisation, we have held the 'Engaged' level of the Carers Positive accreditation standard since 2021 and continue to work towards the 'Established' level of the programme.

'Gloves Off' goes for gold Staying with awards and we are wishing our colleagues who worked on the 'Gloves Off' campaign the best of luck at the Scottish Healthcare Awards, taking place in Glasgow tonight. They have been shortlisted in the Infections Management Team of the Year category. Want to know more about 'Gloves Off'? Follow this link: ['Gloves Off' for public, employee and planet health](#)

Wellbeing, Culture, and Development Wednesday

- **Thrive at Work virtual conference** NHS Elect is hosting a virtual wellbeing event this Friday (22 November) free for all NHS staff. The day will include key topics, such as overcoming imposter syndrome, building confidence, productivity tips, learned optimism, resilience and more. The day is fully flexible, so you can drop in and out. The full programme and booking link can be found here: [NHS Elect - Thrive at Work Virtual Conference](#)
- **Wellbeing Tea and Talks** Coming to you, bi-monthly from January, with varying dates, times and topics. Fiona Soutar, lead specialist and accredited resilience coach, will lead the first event on Monday 13 January, 10.30-11.30am. The topic will be 'understanding resilience and top tips for building and maintaining resilience'. Please contact gram.wcd@nhs.scot for the Teams invite.

To contact Wellbeing, Culture and Development please email gram.wcd@nhs.scot

Tune of the day Our tune today goes out to Shona Weston in occupational health; she's celebrating a big birthday this weekend. Julie Hamilton has been in touch on behalf of the team to let us know how valued Shona is. She's a big gig-goer and loves The Jam so for her it's [Town Called Malice](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot