

Friday 21 February 2025

Gluten-free diets – Toolbox Talk The need to increase staff knowledge around the provision of gluten free diets for in-patients has been identified. This is linked to Coeliac UK accreditation, which is currently held by ARI and RCH. To address this, a toolbox talk and a shared learning notice, has been produced by acute dietitians. This will be introduced to ARI and RCH wards via the safety brief for a 2-week period from Monday (24 February). All ward staff should read and then sign the sheet provided. Thereafter, it will be distributed to other ward areas across NHS Grampian.

Podiatry services to be available on Order Comms From Monday 3 March, Aberdeen City, Aberdeenshire and Moray Podiatry Services are changing the way in which you can refer a patient. The new referral process will include Order Comms, and complement existing systems of email, telephone, self-referral or SCI Gateway. To refer a patient via Order Comms, please add a Service Request for the Podiatry Team. [The referral criteria can be found here](#). Patients presenting with the following clinical condition, **must be referred urgently**:

- Active foot and ankle ulceration
- Infected and open ingrown toenails
- Charcot Neuroarthropathy
- Red, Hot, Swollen Foot

If the request is outwith the service criteria, please contact the Podiatry Service ([details available here](#)) between the hours of 8.30am-4.45pm, Monday to Thursday and 8.30am-3.30pm on Friday. Podiatry Services do not provide personal foot care; [further information is available here](#). Should you have any further queries, please contact the relevant Podiatry Service directly.

AI award success for GEMINI project The collaborative team behind GEMINI (Grampian's Evaluation of Mia in an Innovative National breast screening Initiative) scooped the coveted 'Data Driven Innovation Award' at this year's Digital Health and Care Awards. The project was devised to understand the impact of introducing AI into the breast screening programme and helped doctors find 10.4 percent more cancers than in routine practice by using the AI tool to assist radiologists. Together, health, academic and industry professionals demonstrated that integrating AI into breast screening could improve cancer detection, maintain recall rates, and reduce workload by up to 36 percent. The multidisciplinary team includes experts from NHS Grampian, the University of Aberdeen, and Kheiron Medical Technologies Ltd. – which is now part of DeepHealth.

STAR Award We've no presentation news to share this week but if you want to nominate a colleague or team, this is the form you need: [STAR Award nomination form](#)

That was the week that was

Monday 17 – workplace security guidance, fraud awareness e-learning

Tuesday 18 – update from domestic & support services, reflective practice training for HCSWs

Wednesday 19 – update from linen services, Aberdeen Dental Outreach Centre treatment offer

Thursday 20 – Reduced Working Week – update on implementation, Adult Support & Protection Day

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

Step Count Challenge 2025 – the winners! Huge congratulations to ‘A Bunch of Walkers’ (Dr Gray’s Porters) who emerged victorious in this year’s Step Count Challenge, logging an impressive 3,751,968 steps. Running them a close second were ‘Worst Pace Scenario’ (also DGH) with 3,583,857 steps, while ‘Midlife Crisis’ (Jubilee Hospital) finished third with 3,320,894 steps.

Keep [C]up claiming your discounted hot drinks The number of teas and coffees being purchased in reusable cups at Aroma and RVS outlets across our sites is continuing to creep up. Let’s ‘Keep [C]up’ the good work throughout the year and prevent even more single use cup rubbish going to landfill. General waste costs us a lot more than recycling, it’s harmful to our environment and this impacts public health too. You’ll also bag yourself a discount by using a re-usable cup. Here’s Colleen, Lisa, Heather, and Joyce at Aroma Woodend, who had great success with their sales of hot drinks using a Keep Cup during January.



Tune of the day It’s Mental Health Nurses Day! A shout out to all the fab nurses working across mental health and learning disability services, today and every day. Courtesy of Viki Rafferty, we’re making a special mention of the Aberdeen City community mental health nursing team, dedicating Moby’s [We Are All Made Of Stars](#) to them. Have a great Friday, and a better weekend. (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot