

Daily Brief...



Friday 21 March 2025

ICYMI – COVID-19 season of remembrance It will be five years on Sunday since the first lockdown took effect and COVID-19 turned our professional and personal lives upside down. Our colleagues in spiritual care [have prepared this video reflection](#) to mark the occasion. Whether you watch it alone or as a team, it's an opportunity to think about what we went through and where we are now. There will also be an in-person Act of Remembrance on this coming Monday (24 March) at 2pm, in the chapels at ARI and Dr Gray's Hospital. These are open to past and present staff members, of all faiths and none.

In addition, there are spaces and activities available 24/7 in the chapels at Dr. Gray's, ARI, RACH, RCH, AMH, Woodend, Roxburghe House, and in ARI's Sandpiper Sanctuary. These offer the opportunity to decorate and place a heart on a tree, and to write your own story, expressing whatever you need to express. Members of the spiritual care team are available to offer a listening ear at the ARI chapel every Friday in March, 10am-12noon, and at the Dr. Gray's chapel every Wednesday in March, 10am-12noon.

National award for clinical scientist Our congratulations to Dr Ijeoma Okoliegbe, following her win in the 'Quality in Action' category at the 2025 Chief Scientific Officer's Awards. Her role, which combines infection prevention and control expertise with an interest in the healthcare built environment is the first of its kind in Scotland. The award recognised the significant impact she has had in this field since her appointment last year. There's more here: [National Award for NHS Grampian Clinical Scientist](#)

Wellness at Work Would you or your team like to be part of a test of change looking at Wellness at Work within the Aberdeen City Health and Social Care Partnership (ACHSCP)? Both line managers and individual staff members are invited to work with the Organisational Development team to identify challenges and solutions towards keeping staff well at work. The next sessions will take place on Monday 31 March (all staff) and Thursday 17 April (line managers only), both in the Seminar Room at Woodend, both between 10am-12noon. Interested? [Simply complete this form](#).

That was the week that was

Monday 17 – phishing emails – don't get hooked, shortage of intravenous paracetamol

Tuesday 18 – site security – a shared responsibility, launch of 'only order what you need' campaign

Wednesday 19 – green car salary sacrifice scheme, swallowing awareness day

Thursday 20 – Trak Care upgrade rescheduled, portfolio review update

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

STAR Award We tip our hat to Maureen Low, a staff nurse at Dr Gray's Hospital, on her recent STAR Award presentation. Maureen was nominated for her dedication, leadership, and unwavering enthusiasm in supporting her team. If you want to nominate a colleague or team, please use this form: [STAR Award nomination form](#)

Tune of the day Rounding off the working week with a song I haven't heard in ages: [Girls and Boys](#) by Blur fits the bill nicely!

Experience has taught me you love a theme, so, since the clocks go forward **next** weekend (not this one, don't panic) I'm asking for your songs about time for next week. You know where to send those requests...

Have a good day and a better weekend (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot