

Wednesday 23 October 2024

**Finance Q&A sessions – have you booked your place?** There will be another series of finance Q&A sessions next month; taking place on Teams, this is your opportunity to hear the latest about our financial position and ask questions of the finance team. Dates and times are below, to request the meeting invite and submit questions in advance, please email [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot) All sessions will be recorded and shared through this brief, so you can still send in a question, even if you are unable to attend.

- Monday 18 November - 3-4pm
- Wednesday 20 November - 10-11am
- Thursday 21 November - 12.30-1.30pm

**Resuscitation skills drop-in sessions** The resuscitation team will be holding two drop-in sessions for staff to practice their chest compression quality. Participants will have the opportunity to practice their chest compression skills and receive live feedback to improve their skills. These will take place as follows:

- Thursday 31 October, 9am-12pm, Rooms 1&2, Dunbarney House, DGH
- Thursday 31 October, 1.30-3pm, simulation ward, Orange Zone, ARI

**Shared decision making and treatment escalation planning (TEP) - training opportunities** To support recent work to spread and embed TEPs for inpatients, we are developing simulated conversation training workshops for clinicians. We ran two pilot workshops in September; a further two sessions will take place on **Thursday 28 November**. These are aimed at healthcare professionals of **any** discipline who already support or want to support this type of conversation. If you are interested, please complete this form: [Shared Decision Making in Treatment Escalation Planning Conversations: Simulation Training](#) Even if you cannot attend on 28 November, please complete this form to register your interest for future sessions.

In addition, the national realistic medicine team have recently launched an updated Turas module on shared decision making which can be found here: [Shared Decision Making for clinicians | Turas | Learn](#) (you will need to be logged in). Although designed for clinicians, it offers great learning for all health and care staff. We support realistic medicine as our way of delivering careful and kind care, and wide sharing of this module is encouraged. If you have any questions, please contact Katy Styles [gram.realisticmedicine@nhs.scot](mailto:gram.realisticmedicine@nhs.scot).

**Leading an Empowered Organisation (LEO) programme** There are spaces remaining for the upcoming LEO sessions on 28-30 October and 5-7 November. The 'LEO' Programme is a leadership programme used worldwide. If you would be interested in taking part, [please follow this link for the FAQs](#) and for further details contact [gram.leo@nhs.scot](mailto:gram.leo@nhs.scot) to secure your space. LEO is open to nurses, midwives, AHPs, healthcare scientists and psychologists as well as non-clinical staff. You must be working at Band 5 or above, preferably in a leadership role, and have at least 3-4 years' experience.

**ICYMI - secondary care medical appraisers training** There are spaces on the upcoming appraisers training course, taking place on 21 & 28 November (attendance required on both dates). We have 350 doctors currently awaiting an appraiser; therefore, we'd encourage anyone interested in this role to get in touch via [gram.appraisal@nhs.scot](mailto:gram.appraisal@nhs.scot). The deadline to apply is **this Friday (25 October)**.

**Home Energy Scotland advice session** There will be a free information session, taking place next Tuesday (29 October) between 2-3pm on Teams, led by Home Energy Scotland. They can give impartial advice on bills, energy efficiency, and sustainability. [You can book your spot via this link](#); there's a maximum number of 25, so don't delay!

## **Wellbeing, Culture, and Development Wednesday**

- **Statutory & Mandatory Training** Statutory training is training required by law or where a statutory body has instructed an organisation to provide training because of specific legislation. Currently we have **64%** completion rates regarding our one statutory training module – [Fire Safety](#) Mandatory training is compulsory training determined essential by an organisation for the safe and efficient delivery of services. Areas of mandatory training requiring further focus are: [Public Protection \(47%\)](#) and [Equality & Diversity Training \(31%\)](#). Prioritising these is crucial for ensuring safety, promoting inclusivity, reducing bias, enhancing organisational reputation and complying with legal requirements.
- **Menopause Tea and Talk Open Forum- November's Date** As you will have seen in our entry to last Wednesday's Daily Brief, as part of World Menopause Day we highlighted the next Menopause Tea and Talk session was due in December, to discuss the topic of 'Alternatives to HRT'. We apologise for any confusion this may have caused, although the December session is still scheduled to run, our next session will take place on **Monday 4 November, 1-2pm via MS Teams**. This session will explore Joint Pain through Menopause, if you would like to attend the session please contact [gram.wcd@nhs.scot](mailto:gram.wcd@nhs.scot) for the link.
- **Guided Journaling Sessions** As the days get shorter and nights start getting darker, why not consider trying out Guided Journaling to see what impact it can have on your wellbeing? The sessions are run via MS Teams and last 30 Minutes. All welcome, booking is via Turas (requires log-in): [Guided Journaling Session | Turas | Learn \(nhs.scot\)](#)

To contact Wellbeing, Culture and Development please email [gram.wcd@nhs.scot](mailto:gram.wcd@nhs.scot)

**Tune of the day** I don't know about your social media timeline, but mine was chock full of people at Les Misérables over the weekend. Emily Christie in the City speech and language therapy team was there (twice!) and can't get the tunes out of her head. She's asked for [One Day More vs Do You Hear The People Sing](#) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)