DailyBrief...



Tuesday 24 September 2024

Agenda for Change pay offer accepted by trade unions A 5.5% salary increase for Agenda for Change staff has been agreed.

Unions representing NHS Agenda for Change staff – which includes nurses, midwives, paramedics, allied health professionals, porters and others – unanimously agreed to the pay rise, which will be backdated to 1 April 2024. It will come into effect from next month.

More details can be found by clicking here.

It's Climate Week! So what? Across NHS Grampian you can be part of a movement for change, alongside people like <u>Rosa</u>, <u>Aaron</u> and our <u>sewing room</u> team who have been recognised for their efforts to have a positive impact on their workplaces, our environment, and in turn our health.

Many people think it is the role of governments and businesses to deal with climate change action. But more than 60% of the changes needed to tackle climate change will require at least some element of <u>individual behaviour change</u>. So, what can you do? We're setting a challenge for everyone to do (at least) three things from the list below over the course of the next seven days.

- Turn your computer off fully at the end of each day
- Spend an hour outside
- Shop local
- Use an alternative to the car
- Re-use an item

We'll check in with you next week and ask you what you did to find out which individual change is most popular. More on what we're doing as an organisation to tackle climate change on Thursday.

Celebrating Excellence Event The 23rd Celebrating Excellence Event will take place on Wednesday 6th November 2024 at Garioch Heritage Centre, Inverurie. The event brings together nurses, midwives, AHPs and HCSWs to share good practice. To register for this event, please click on this link, or scan the QR code below. If you wish to have a copy of this events agenda, please request from: gram.celebratingexcellence@nhs.scot

Our speaker slots are already full, but we do have some poster presentation space so please follow the guidance in the registration link if you would like to share and celebrate your work. We would also like to hear from you if you are interested in speaking or presenting your poster at one of our future events.

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These small local events are a great opportunity for both experienced presenters and those staff new to poster presentations and public speaking, we will work with you to help you prepare for sharing your work on the day.



ICYMI - Grampian Gathering Aberdeen City Health and Social Care Partnership are hosting the Grampian Gathering at the Beach Ballroom, Saturday 12 October, 10.30am-4pm. This event is for anyone in the region, aged 50 and over, who is retired, or contemplating retirement. There will be speakers, covering everything from aging well to Power of Attorney. It is free, but booking is strongly recommended. There's more information on the

<u>intranet here</u> (networked devices only) and booking is via Eventbrite here: <u>Grampian Gathering Tickets</u>, <u>Sat 12 Oct 2024 at 10:30 | Eventbrite</u>

ICYMI – Speak Up Week and 'Anti-Racism One Year On' A session will take place to launch Speak Up Week on 30th September from 10-11.30am. We will reflect on a year since the launch of the NHS Grampian Anti-Racism Plan and provide an update on progress. We are also keen to explore what colleagues need to feel safe and confident to 'speak up' when things aren't right (regardless of what it is, i.e. bullying, discrimination, racism, whistleblowing) and what our workforce need to enable them to listen well and play their part in creating a culture of 'listen up'. Find out more and book your place.

Let's Talk Clots A FREE virtual conference open to all healthcare and allied healthcare professionals will take place this 15-16 October. It's perfect for anyone seeking to extend their understating, practice and implementation of venous thromboembolism (VTE) prevention and management. Full details and registration: https://tuk-edu.vfairs.com/

Tune of the day Today's song comes to us from associate practice educator Karen Farquhar, who got in touch to ask us to help comfort her colleague, Cheryl Slater. Karen told us: "For months and months, Cheryl has been desperate to try the broccoli and cheese bake from the canteen - even marking the special day in her calendar and counting the sleeps.

"Today was the day. Only for her to get to the canteen, to discover it had been removed from the menu. Disappointed does not even begin to cover it." Karen has requested, in order to offer some comfort to Cheryl, today's tune be Mariah Carey's Without You.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot

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