

Thursday 26 September 2024

Community Appointment Day Earlier this month we held our first event of this nature – with more than 120 patients seen in one day. Focusing on supporting people with joint, bone and muscle problems, physiotherapists, podiatrists, occupational therapists and nutrition and dietetic specialists were on hand at Moray Sports Centre, in Elgin, earlier this month, to help tackle waiting lists.

Patient feedback from the event was overwhelmingly positive.

Patient, Valerie Morris said: “I think it’s great, absolutely brilliant. Everything I came to find out about, and more, I found out about.

“For the first time the problems I have had have been identified, and I’ve been referred for more treatment. I’ve been given exercises to pinpoint what’s been found.”

More of these events are being planned in future across the region.

For more information on how the day went [click here](#)

Occupational Health Awareness Week Running from September 23 to 29, it aims to raise awareness of what occupational health is and the value it provides to workplace wellbeing.

The week is facilitated by the Society of Occupational Medicine (SOM).

Occupational health services help mitigate and manage long term or short-term health problems, as well as helping take organisational wide steps to reduce sickness absence.

Find out more about OHAW at www.som.org.uk/ohaw, visit [NHS Grampian's Occupational Health site on the intranet](#) or online at www.gohealthservices.scot.nhs.uk

Electronic Payslips Since June 2024, more than 10,000 colleagues have moved to the electronic version of payslips. To protect your information, it is essential that you log out of the system properly each time you look at your payslip. If you don't do this, the next person to use the computer might be able to see your data.

COWs (computers on wheels) are not approved for accessing personal information. This is because they are not designed for this use and there is a high risk that someone else will be able to access your information if you leave yourself logged in. This is particularly pertinent when accessing email and e-payslips.

For more information on e-payslips please visit the Payroll Intranet page here [Pages - Self-Service \(scot.nhs.uk\)](#)

New online course launched as part of Climate Week A new Sustainability eLearning module for all staff has been launched as part of addressing the climate crisis. We want to make sure everyone is informed and aware of the profound impacts climate change has on our health and the environment. This module aims to raise awareness of these challenges while highlighting our health board’s own

environmental footprint. It will take about 40 mins to complete and you don't have to do it all in one go!

Our goal is to enhance environmental stewardship, empower colleagues with knowledge about our sustainability targets, and promote positive behavioural change across the organisation. Sustainability is a shared responsibility – and together, we can make a difference. [The eLearning is now LIVE on TURAS.](#)

What small change(s) could you make in your workplace to reduce emissions, save money and help to motivate those around you?

You can find out more about NHS Grampian's commitment to sustainability, rounded up in a new website landing page you can use to explain some of the key facts to others, and a link to our Climate Emergency and Sustainability Strategy: www.nhsgrampian.org/sustainability

eESS System Downtime Please be advised that the eESS System including Manager Self Service will be unavailable from 11am on Friday 27th September 2024. It is anticipated the system will be down until the afternoon of Saturday 28th September at the earliest.

Please do not make any changes with an effective date of 1 October onwards to eESS until you have been advised that the system is available for use.

PVC Bundles and Audit Re-launch Next week, we will re-launch the bundles and audit for Venous Access Devices, including PVCs. The bundles are an evidence-based collection of actions which are shown to reduce the risk of HAI from use of VADs, including PVCs. Any staff who are inserting or maintaining a VAD (including nurses, anaesthetists, medics, healthcare support workers) must complete the bundle paperwork to provide assurance that patient safety is prioritised. More information will be available from on our intranet next week.

Aberdeen Cycle Forum 'Best in Cycling' Awards - Best Employer This week NHS Grampian was awarded Best Employer 2024 by Aberdeen Cycle Forum, a voluntary campaigning organisation whose aim is to encourage cycling of all types.

Over the last few years:

- We have installed secure cycle parking on the Foresterhill, Cornhill and Dr Gray's hospital sites
- We have purchased a fleet of pool bikes, including cargo bikes
- We have installed a bicycle repair station on the Foresterhill site
- We have also revamped the Cycle to Work scheme
- We have run various events and promotions

For more information visit [My Healthy Workplace](#) or email gram.activetravel@nhs.scot

Tune of the day You don't need us to tell you, that on this day in 1975 The Rocky Horror Picture Show opened in Westwood, California. Featuring a young Meat Loaf along with Tim Curry and Susan Sarandon, the movie tanks but later becomes a cult classic and the stage musical continues to sell out theatres to this day. To mark the occasion, here's [Time Warp](#)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot