

Thursday 27 February 2025

**Chief executive to retire** NHS Grampian chair, Alison Evison wishes to share the news that, interim chief executive, Adam Coldwells has announced his intention to retire later this year.

Reflecting upon his decision, Alison said: “Adam’s collaborative approach and breadth of knowledge, accumulated over nearly 30 years in roles across Grampian, have been invaluable to our board.

“Recruitment for his successor is currently under way and Adam will continue to lead the organisation until a new chief executive is appointed.”

## Ask Adam Staff Q&A February - Part 2



[In part two of February’s episode of "Ask Adam,"](#) Interim Chief Executive Adam Coldwells answers more of your questions on the things that matter to you.

From **break entitlements, winter uniforms** to NHS Grampian’s commitment to **Dr Gray’s and orthopaedics** at Moray’s flagship hospital, Adam again tackles a range of topics in an open discussion with Employee Director Steven Lindsay.

We know you’re busy, so we’ve pulled out the key moments with timestamps to help you skip straight to the topics you care about most.

### Key topics covered in this episode:

[00:38](#) Aberdeen Staff Gym - will it be back?

[02:57](#) Electric Vehicle - Salary Sacrifice Update?

[03:35](#) Retirement - What guidance is there for staff and managers?

[05:58](#) Staff breaks - Clarity on paid break entitlement

[09:30](#) Orthopaedics at Dr Gray's - Is there a timeline for service reintroduction?

[13:15](#) Reassurance on NHSG commitment to DGH and Theatres/ED in Moray in particular

[16:39](#) Why was painting at Ashgrove House carried out during a time of financial pressure?

[19:27](#) Can we consider paying for staff winter tyres and look at a winter uniform?

Got a question for Adam or some feedback? Drop us a line at [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot) – and let us know if you'd like to stay anonymous.

Watch the [full episode here](#)

**Aberdeen Sports Village Corporate Games 2025** NHS Grampian is participating in the Corporate Games again this year. There are eight events between March 24 and June 26. The events are open to both new and experienced players as there is training available.

Events are:

- Badminton
- Table Tennis
- Racketball
- Football
- Swimming
- Diving
- Athletics
- Fitness Challenge

For more information on the events please [click here](#) or for more information or to note interest in a particular event please email [gram.sports@nhs.scot](mailto:gram.sports@nhs.scot)

**Introduction to Quality Improvement Methodology:** This one-day course aimed at senior staff in NHS Grampian provides an Introduction to QI methodology for those wishing to use it for improvement themselves and enable supervision of others who are using it. The course run by Steve Stott, consultant in Critical Care, takes place on the April 17, at the Suttie centre, from 9-4pm.

To enquire about this course and to book, please contact [gram.qiat@nhs.scot](mailto:gram.qiat@nhs.scot) referencing Introduction to Quality Improvement Methodology. Further information, and a booking link can also be found by searching for Introduction to Quality Improvement Methodology on [Turas | Learn](#)

**Strategy workshop** The third and final R&D strategy 2024-29 delivery planning workshop will take place at the ONE BioHub, Foresterhill Campus, on Tuesday, March 4, from 10.30am to 1pm. If you wish to attend in person or online please contact [gram.randd@nhs.scot](mailto:gram.randd@nhs.scot) before 2pm on Friday. It is also an opportunity to hear from, our new executive medical director, Dr Hugh Bishop.

**Tune of the day** Deputy service manager, in the Long Term Conditions Pathway, Ciorstan Blake has been in touch to wish happy holidays to her colleague Lena Soderlund.

After tomorrow she is off on an amazing adventure around Australia and New Zealand.

Enjoy your travels Lena, and here's [Down Under](#) by Men at Work to see you off.

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)