

Monday 27 May 2024

Pre-election period In case you missed it in Friday's brief, we are now in the formal pre-election period, ahead of the UK general election on Thursday 4 July. Guidance has been issued to all health boards to ensure we conduct our business appropriately. This is [available to read here](#) (intranet link, networked devices only). If you have any queries about the guidance, please contact Corporate Communications in the first instance, via gram.communications@nhs.scot

Bring your (re-usable) water bottles Did you know it takes 2,000 times more energy to manufacture a bottle of water than it does to produce tap water? Please consider bringing an insulated water bottle to work and using a re-usable cup in our Aroma cafes. Lots of people making small changes can add up to a big impact. This is why ordering bottled water from the catering department to wards will **no longer** be possible unless it is directed by infection prevention and control (IPC) processes. Work has been done to improve the cold-water temperatures in our buildings, and the tap water provided by Scottish Water is high quality. It is also routinely checked internally.

Removing the unnecessary waste and cost of ordering bottles of water is an essential part of everyone supporting our Climate Emergency and Sustainability Strategy. Thank you for being part of it.

Occupational Health Service (OHS) - new operating hours To accommodate the reduced working week included in the Agenda for Change deal, the OHS department will close at 4pm on Fridays, with clinics closing at 3.30pm, from next week (w/c 3 June). On Fridays, phone lines will be open until 4pm and the email inbox monitored until 4pm also. If you are exposed to blood or body fluids outwith our normal working hours, please contact your nearest emergency department and contact OHS when we re-open. Our opening hours will therefore be Monday-Thursday 8.30am-4.30pm and Friday 8.30am-4pm. Main phone line number is 01224 553663 and email address is gram.ohs@nhs.scot

National Smile Month – oral health information sessions As part of National Smile Month, you are invited to attend a bite-size oral health session via Teams to update or refresh your knowledge in mouthcare. There are 4 dates available; each session will be 30 minutes and cover key oral health messages and resources available. Dates and times are as follows:

- Monday 3 June at 2.30pm
- Thursday 13 June at 9am
- Monday 17 June at 2.30pm
- Wednesday 26 June at 9am

To secure a place or for more information please contact gram.cityohpteamleaders@nhs.scot

Integrated mortuary project newsletter The latest edition of the North-East Scotland & Northern Isles Integrated Mortuary Project newsletter (Issue 4) is available now via the following link: [Integrated Mortuary Project \(nhsgrampian.org\)](https://nhsgrampian.org)

New vaccination centre for Moray The Fiona Elcock Vaccination Centre will close for good this Friday, as the team prepare to move to their new home at Southfield Drive, New Elgin. The Moray Vaccination Centre will officially open on Monday 10 June. More information is available here: [New Moray Vaccination Centre \(nhsgrampian.org\)](http://nhsgrampian.org)

Realistic Medicine – values-based referrals project If you make - or vet – patient referrals, then your expertise could help a new realistic medicine project. It follows local feedback, suggesting some referrals may have limited value to people. [There's lots more information on the intranet here](#), including the opportunity to volunteer for a focus group or one-on-one interviews. You can also contact gram.realisticmedicine@nhs.scot with any queries you have.

Grampian Pride Thank you so much to everyone who came along to the Grampian Pride parade on Saturday. The sun shone, Union Street was a riot of colour, and our volunteers put NHS Grampian flags in everyone's hands. Particular thanks must go to Lydia Henderson for getting photos from the event onto the NHS Grampian social media accounts so quickly; go check them out!

Pause for thought Using the metaphor of weather to think more broadly about what's happening around us, not just outside, but also in our workplaces and communities and beyond - is the outlook for today bright, or might there be some rain or storms coming in? And if rain or storms are on the way, might that be ok?

Tune of the day André Benjamin – better known as André 3000, one half of Outkast – celebrates his birthday today. What better excuse to enjoy [Hey Ya!](#) and shake it like a polaroid picture? (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot