

Monday 3 June 2024

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**ICYMI - change to COVID-19 testing guidance (Scotland)** As a reminder, from today routine asymptomatic COVID-19 testing of people prior to their discharge from hospital to care homes and hospices **has ended**. This reflects the effectiveness of the vaccination programme, availability of treatments, and a reduction in severity of illness.

Further information regarding this decision and consultations which took place [are available in this letter](#) from the Chief Medical Officer and interim Chief Nursing Officer (intranet link, networked devices only)

**Product change – patient wipes** The procurement team have advised product **SKU 273171 WIPE SKIN CLEANSING 19.5CM X 15.5CM 1 X 48** has been discontinued. We are moving to a new product; order details as follows: **SKU273188 WIPE SKIN CLEANSING 33CM X 22CM 1 X 36**

The new product is not maceratable and should be placed in the appropriate waste stream. Effective immediately, all departments should place wipes in the waste stream. Any further questions please contact [gram.procurement@nhs.scot](mailto:gram.procurement@nhs.scot)

**HCSW Band 4 Urinary Catheterisation** From Monday 1 July, Band 4 healthcare support workers will be able to complete an education pathway on TURAS Learn that will allow them to develop competence in this skill.

This pathway will sit within the Nursing, Midwifery and AHP Education Passport on TURAS Learn, within the Healthcare Support area: [Healthcare support workers | Turas | Learn \(nhs.scot\)](#). Please note, this link requires a Turas log-in. While the training is not listed at present, it will be added from 1 July.

Our local Adult Catheterisation and Catheter Care Guidelines will be updated to reflect this change and available from 1 July on the urology area of Grampian Guidance. If you have any queries, please contact your local Practice Education and Development Team.

**IT training** There are two Introduction to Excel courses running in Aberdeen this Friday (7 June) and next Tuesday (11 June). If you need to learn more about Excel and how to use spreadsheets, as part of your professional development, [you can book your place via this Turas link](#) (requires log-in). Both courses run 10am-4.30pm, please ensure you can attend the full session.

More Excel courses (Introduction, Intermediate and Playing with Data) will appear on Turas next week, spanning June-August, running in both Aberdeen and Elgin (UHI Moray). Queries can be sent to [anne.duffy@nhs.scot](mailto:anne.duffy@nhs.scot)

**Updated - staff physiotherapy service self-help guide** The staff physiotherapy service produces an information guide, to help you understand the different types of musculo-skeletal pain, and how we can all be more physically active. The latest edition focuses on efficient movement for pushing and pulling. You can read the full guide here: [NHS Grampian Staff Physiotherapy Service 2024 \(cloud.microsoft\)](#)

**Aberdeen City vaccination and wellbeing hub – June newsletter** The latest guide to what is happening at the Aberdeen City vaccination and wellbeing hub [is available via this link](#). The hub offers much than just vaccinations so be sure to check it out.

**UK General Election** If you need information on registering to vote, or requesting a postal vote for the forthcoming general election, please [visit the Electoral Commission website](#) or scan the QR code below:



As a reminder, photo ID will be required at polling stations for this election. If you do not have suitable ID already, you can apply for a free Voter Authority Certificate from the Electoral Commission, using the above link.

**Pause for thought** Development of ourselves or others is often on our agenda. Where do you see the need for development right now? When you consider this, what really matters?

**Tune of the day** Our first tune today goes out to Alison Law, recovery team leader in the orthopaedic theatres at Woodend. Ally retires tomorrow after 20 years at Woodend and a few more across the NHS. The entire recovery team are sending Ally their best wishes, with thanks for all the support and encouragement over the years; they've asked for [Celebration](#) by Kool and The Gang.

Susan Stewart, our motor neuron disease specialist nurse, has asked for [Seven Wonders](#) by Fleetwood Mac, to mark the sad – and too soon – death of Rob Burrows yesterday. The former Leeds Rhino no.7 was diagnosed with MND in 2019 and he dedicated the remainder of his life to raising money and awareness of this complex disease. Ground was broken today on the specialist centre he and his former teammate Kevin Sinfield raised funds for. (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)