

Wednesday 30 October 2024

Reporting incidents of verbal abuse on Datix No-one should consider receiving verbal abuse to be an acceptable part of their job; it should always be reported. To make this easier, a simple tally system has been developed. Managers in areas where verbal abuse may be an issue should offer this option to their team for recording such incidents. They can then be tallied up and reported in one Datix. Please note, low level verbal abuse is the **only** type of abuse which should be reported in this way. All other incidents require separate Datix reports.

The recording sheet can be found here: [NHSG Low Level Verbal Abuse Record Sheet.docx \(sharepoint.com\)](#)

A 'how to use' guide is available here:

[NHSG LowLevelVerbalAbuseEventsRecordProcess Nov2022.docx \(sharepoint.com\)](#)

Resuscitation skills drop-in sessions - tomorrow The resuscitation team will be holding two drop-in sessions for staff to practice their chest compression quality. Participants will have the opportunity to practice their chest compression skills and receive live feedback to improve their skills. These will take place as follows:

- Thursday 31 October, 9am-12pm, Rooms 1&2, Dunbarney House, DGH
- Thursday 31 October, 1.30-3pm, simulation ward, Orange Zone, ARI

Safe swallowing & texture modified diets – free training If you are involved in preparing or serving food to people with swallowing difficulties, then we have the course for you, taking place on **Tuesday 10 December**, at the Holiday Inn West, Westhill. You can either attend at 9.30am-12.30pm, or 1.30-4.30pm. Sessions are open to anyone (nursing/care staff, AHPs, family members, students, catering staff etc). They are particularly useful to any care staff and catering teams involved with the regular provision of modified diets. This training is free, but it is very popular, so don't delay booking your place! Contact johanne.smith@nhs.scot for more information.

Future Care Planning: treatment escalation plans for all inpatients We are pleased to present the [third video in our informative series](#) on future care planning and treatment escalation plans (TEPs). This video emphasises the significant benefits of TEPs for surgical teams and how these plans can enhance patient care through shared decision-making conversations. For support or guidance on implementing Treatment Escalation Plans in your area, please contact our team at gram.realisticmedicine@nhs.scot. Additionally, you can request access to the [Future Care Planning SharePoint](#) to access valuable resources.

Champion swimmer gifts us a virtual tour of neonatal unit Former world, European, and Commonwealth Hannah Duff (Miley) is marking her daughter's first birthday by gifting us a virtual tour of the neonatal unit. Produced by her husband Euan, the tour will help families understand the layout of the

unit. Little Nula Duff spent nearly six weeks there last year and Hannah and Euan say the staff team became their extended family. The tour is available to view on the Birth in Grampian website: [Neonatal Unit – Birth in Grampian](#)

SNBTS want your blood this Hallowe'en Don't 'ghost' the team at the blood transfusion service this spooky season! Appointments are available at the Aberdeen donor centre Tuesdays-Fridays, and Sundays. There are also a range of community donation events taking place across Grampian. To find your nearest venue and to check you're eligible to donate, visit the Scotblood website: [Scotblood | Homepage](#)

Congratulations – part 1 As you may have spotted, via our social media accounts, our very own Dr Alastair Palin has received a lifetime achievement award by the Royal College of Psychiatrists (RCPsych). The award recognises his work in significantly improving patient care, his track record in leadership, and being recognised as an expert in his field. Alastair is currently the medical director for mental health and learning disability services.

Alastair said: *"I thank the College for this honour, which is a very pleasant surprise. I would like to share the award with the many wonderful colleagues with whom I have worked with - but also more importantly with all the people, their families and carers, who it has been my privilege to work with and hopefully help, over my career."*

Wellbeing, Culture, and Development Wednesday

- **November/Men's Health 2024** November marks the start of Movember, concentrating on men's health and promotion of issues specific to men, for instance prostate cancer. Further information can be found here: [Movember - Changing the face of men's health - Movember](#)
- **Spaces for Listening** Dates are available for November's Spaces for Listening sessions:
 - 7 November, 1.30-2.30pm – to book, contact fiona.sharples@nhs.scot
 - 8 November, 1.30-2.30pm – to book, contact jennie.young@nhs.scot
 - 19 November, 9.30-10.30am – to book, contact linda.mcauslan@nhs.scot
 - 26 November, 1.30-2.30pm – to book, contact fiona.sharples@nhs.scot
 - 27 November, 8.30-9.30am – to book, contact fiona.soutar@nhs.scot
- **Retirement planning for a positive future** Looking to find out more about financial planning for your retirement? There are sessions available in November and December. Booking is via Turas here (log-in required): [Retirement planning for a positive future | Turas | Learn](#) Advice is provided by Affinity Financial Awareness (AFA) one of the largest providers of independent financial advice to public sector employees. They are registered and regulated by the Financial Conduct Authority and responsible for any financial advice given. In booking a place on the course you are giving WCD permission to give the company your name for event attendance.
- **Supporting My Wellbeing** Supporting My Wellbeing is a 1-hour facilitated session to help you reflect on your personal wellbeing and build strategies to support you at work. Sessions will be held online via MS Teams and are available to book on Turas (log-in required): [Supporting My Wellbeing | Turas | Learn](#). Please note the joining link will be sent closer to the delivery session.

To contact Wellbeing, Culture and Development please email gram.wcd@nhs.scot

Congratulations – part 2 We're pleased to share the recent Starlight award win for the RACH play team has been recognised at Holyrood. Local MSP Kevin Stewart has lodged a motion of congratulations, which is fast gaining cross party support. You can read it here: [S6M-14969 | Scottish Parliament Website](#)

Tune of the day Louise Black retires tomorrow, after a whopping 41 years' service in a range of nursing roles. Louise's colleagues from the Quality Improvement and Assurance Team think she has earned a well-deserved retirement and have requested [Go Your Own Way](#) by Fleetwood Mac to mark her newfound freedom.

A second tune today, dedicated to Alastair Palin in recognition of his lifetime achievement award. Kool and The Gang and [Celebration](#) fits the bill nicely (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot