

Friday 31 May 2024

Dementia Awareness Week Well done to everyone working across Grampian for their contribution to this annual campaign. There have been trainings, drop-in sessions, and 'tea and a blether' meetups taking place up and down the region.

To mark the end of the week, the Stress & Distress Core group wanted to share the 'Stress and Distress in Dementia Iceberg Model' poster with you all (attached to the email used to send this brief). This poster was developed by the core group, with help from wider staff and families. It can be printed or saved as a PDF and shared with any relevant staff teams. We would encourage any teams working with people living with dementia to display the poster in appropriate staff or clinical areas.

The iceberg model helps us to consider what the potential underlying causes of distress may be. It's important we try to understand the cause and contributing factors to distressed behaviour. This can help us to better understand the experience of those we support, to help alleviate distress, and be proactive in preventing distress from occurring.

Access to Foresterhill Health Campus A reminder there will be urgent Scottish Water works taking place on Foresterhill Road (outside David Anderson Building car park) from 8pm tonight until 6am on Saturday morning. These works will repeat on Saturday and Sunday, again between 8pm-6am. During those hours, **only** blue light vehicles and buses will be able to enter/exit from Ashgrove Road West. All other vehicles should use Westburn Road and the loop road. Outwith the hours of work, there will be normal access to the site. We apologise for the inconvenience of these short notice works.

Child Health Commissioner newsletter The May newsletter from Tracy Davis, our Child Health Commissioner, is available to read here: [Child Health Commissioner's Newsletter \(cloud.microsoft\)](#)

STAR Award A tip of the hat to Lewis Downie, trainee payroll officer, on receiving his STAR Award this week. Lewis was nominated for his compassion and knowledge in resolving a tricky pay issue for two people, and for sorting it out so quickly. If you want to put forward a colleague or a team for a STAR award, you can either [complete the online nomination form](#), or email the details of the person/team you want to nominate to gram.staffthanksandrecognition@nhs.scot

That was the week that was

Monday 27 – reminder of pre-election period guidance, end to ordering bottled water (some exceptions apply), new operating hours for Occupational Health

Tuesday 28 – staff engagement forms – paper forms to be withdrawn, Terminology Tuesday – breaking grammar 'rules'

Wednesday 29 – financial position – vacancy controls, theatre services in Moray – involvement opportunity

Thursday 30 – episode 2 of Ask Adam, change to COVID-19 testing guidance, leadership arrangements for Health and Social Care Moray/Moray portfolio

[All briefs are stored online, just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

Greatix You'll all know about Datix, but what about Greatix? It's a system which allows staff to record examples of great care or great work, and we'll talk more about it future briefs. However, for a bit of fun, we took out all identifiable details and then asked AI to generate a poem based on the submissions. Please enjoy:

Within the halls where healers ply their trade, brave souls are found whose efforts cannot fade.

In crisis faced, unruffled they remain,
With steady hands, they banish hurt and pain.

When staffing thin would leave a lighter force, their teamwork springs, an ever-flowing source.

Beyond their roles, compassion's touch they lend,
To soothe the injured, dignity to mend.

Amidst the stress, they find the time to teach, ensuring excellence remains in reach.

Though night shifts prowl with stresses multi-formed, they model grace with patience well-performed.

For acts unveiled in service to mankind, let praises sound from those with grateful mind.

Tune of the day You're keeping me busy today! Let's get to it:

Jakki Carney, a community nursery nurse based in Aboyne, marks her 60th birthday tomorrow. The whole health visiting/school nursing team send their love and best wishes, requesting Mary Hopkins and [Those Were The Days](#).

Mae Salazar retires from surgical division practice education and development team today, although she'll be back in a slightly different role to keep the team on the straight and narrow! Val and the gang have asked for [Good Riddance \(Time of Your Life\)](#) - the Glen Campbell version

Finally, Michael Christie celebrates 35 years in the pharmacy department today. Dawn and all the gang have given me free rein (potentially risky move, that) to play something from the 80s. I've gone for The Housemartins and [Caravan of Love](#)

The end of the working week is (for most of us) in sight. If you're getting some down time, enjoy. For those colleagues working through, thank you and have a safe shift. The brief will be back on Monday (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot