

Wednesday 4 September 2024

Public sector finances The Scottish Government has laid out £500 million worth of savings required across the public sector including health and social care. This letter: [Scottish Government Pre-Budget Fiscal Update: Letter to Finance Committee - gov.scot \(www.gov.scot\)](#) from the Finance Secretary to the Finance and Public Administration Committee, gives high level information on where savings will be made. We don't yet know the detail of what this will mean for us as a board, or for the health and social care partnerships in Grampian. We will continue to provide regular updates on finance as we get them.

Introduction to suicide prevention training World Suicide Prevention Week begins next Monday. An Introduction to suicide prevention training session will take place on 11 September, delivered by Suicide Prevention Development Manager, Liam Yule. The session will commence at 10am and will take two hours in total, with the opportunity for a comfort break midway. Should you have availability in your diary and wish to attend, you would be most welcome either in person or by joining the session online via Teams.

We understand suicide is a complex subject. If you have any concerns ahead of the session or wish to disclose any personal experiences, please do not hesitate to contact liam.yule@samh.org.uk

We would appreciate if you could indicate your attendance, be that in person or online, via emailing aenea.petrie@aberdeenshire.gov.uk If you are unable to attend but wish to do so in the future, please email Aenea directly as per the contact details listed above. Should there be demand, a further session will be offered.

'Restart of Care' requests – Dr Gray's Hospital inpatients Colleagues at DGH are advised of the following arrangements for 'restart of care' requests:

Moray Council Care at Home - Care Schedulers will contact wards between the hours of 11am and 1pm for all restarts of care. For any care queries please contact Care Schedulers on the following numbers:

East Schedulers – Lhanbryde, Fochabers, Buckie, Keith & Speyside - 07955959015

West Schedulers – Elgin, Forres & Lossiemouth - 07975959481

CQS (formerly known as Allied) Care at Home - CQS will contact wards directly, daily, for all restarts of care. For any queries, please contact CQS on the following contact details:

Tel. 01343 550074, email elgin@care-quality-services.co.uk

Requests for restarts for **both** providers can only be accepted between 9am and 4.30pm.

ReThink Dementia campaign launched We are all being encouraged to rethink dementia, courtesy of a new national campaign: [ReThink Dementia | NHS inform](#) To help address the stigma around the illness, people are being encouraged to continue doing everyday activities with friends or relatives diagnosed with dementia. Research suggests making this effort to include people in social activities can help them stay well for longer as well as alleviate symptoms such as depression, anxiety, and apathy.

Skills Bus to visit Aberdeen The Clinical Skills Managed Educational Network (CSMEN) mobile skills unit (AKA the 'Skills Bus') will be at Foresterhill next Friday (13 September); parked in the university visitor car park (up the stairs between IMS and Rowett buildings, behind the Suttie Centre). If you are interested in seeing it and knowing more, please drop in sometime between 9-11am or 12.15-1.15pm. This is a great opportunity to see this amazing mobile facility and to understand how the MSU helps support healthcare education across Scotland. More information on the MSU can be found at [Mobile Skills Unit | Clinical Skills Managed Educational Net \(scot.nhs.uk\)](#)

Race for Recipients – back for 2024! We are pleased to say the Race for Recipients activity challenge is back for Organ Donation Week 2024. Simply sign up at the Race for Recipients website and from 6am on Saturday 21 September until midnight on Sunday 29 September, log your distance travelled on foot, by bike, swimming, whatever! If you took part last year, your account will still be active; if you're a new recruit, signing up takes seconds. The point of the event is to celebrate organ donation, encourage people to make their donation decision, and show our support to those awaiting a transplant. If you want to take part, [head to the Race for Recipients website](#), scroll to Regions, select Scotland, and then NHS Grampian. We'll compete as one board, and while there's no prizes, there are most definitely bragging rights at stake!

Wellbeing, culture, and development Wednesday

- **Migraine Awareness Week** Did you know 1 in 7 people live with migraines? Migraine Awareness Week take place 23-29 September; we are pleased to work closely with The Migraine Trust on our migraine project. There's lots more information available here: [Migraine \(nhsgrampian.org\)](#)
- **Statutory & Mandatory Training survey reminder** As part of our responsibility to implement protected learning time, we want to ensure you only complete relevant statutory and mandatory training. There is an ask for each NHS board to develop a clearly defined list of statutory and mandatory training requirements, aligned to agreed job families by the end of **September 2024**. [You may have received this form](#) from your direct line manager and if this is the case, please do not complete again. If you have not yet received this, please complete this form by Friday 6 September. Please scan the QR code below to access if more convenient. Please note, the list of job families we currently have is a national agreed list and we are aware it is not necessarily reflective of all roles in our current structures; however, it is a helpful basis for gathering information at this stage.



For any Wellbeing, culture or development (WCD) questions please contact gram.wcd@nhs.scot

Tune of the day Claire Meldrum, part of the team at Rinnes Medical Practice in Dufftown, makes today's request. Claire and colleagues have completed a virtual Land's End to John O'Groats challenge, covering the distance in just 10 days! For them, what else but [500 Miles](#) by The Proclaimers?

I'm sneaking in a second request, for Natasha Morrison, who helps me out by uploading these briefs to the online library each day. Natasha is heading back to RGU with our very best wishes. To see her off, here's [She's A Star](#) by James (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot