

Friday 7 February 2025

Board meeting – chair's update The Grampian NHS board met yesterday; as usual, chair Alison Evison has written a report of the proceedings. [It is available to read here](#). Following your feedback, we have removed many of the moving images in the report, as you advised this can make it difficult to read.

What is SARCS? The Sexual Assault Response Coordination Service (SARCS) for Grampian is based at the Health & Care Village (Frederick Street, Aberdeen). We aim to provide a holistic, trauma informed, and person-centred approach to the care of each person we see, with an emphasis on choice and every person being in control of their care journey. It is a self-referral service, further information is available on the NHS Inform website here: [Turn to SARCS | NHS inform](#)

Green Bag scheme to re-launch Next week will see the re-launch of our Green Bag scheme, to encourage people to bring medicines with them if they are coming into hospital. A patient medicine bag or 'Green Bag' is a reusable, re-sealable bag to promote patient independence and safety and this is part of ongoing work to reduce medicines wastage. We know these are already well used in some parts of our hospitals but there will now also be stock available in pharmacies and from HealthPoint for members of the public to collect if they wish to. Any areas looking to order some stock can do so by using PECOS item number 084098 for the Green Bags, ZA05222 for posters and ZA05223 for promotional cards.

STAR Award Scott Smith, grounds person, was awarded his STAR Award last week. Scott's dedication and positive attitude have made a real difference at the Airyhall Vaccination Centre! From filling the salt bin to clearing leaves and offering help with past challenges, Scott goes above and beyond to ensure the site is safe and well-maintained. His kindness and passion for his work are truly appreciated by the team. Bravo Scott! If you want to nominate a colleague or team, please use this form: [STAR Award nomination form](#)

That was the week that was

Monday 3 – update on FRSM usage, Welcome Wards – refer to the guides

Tuesday 4 – changes to Disclosure Scotland/PVG scheme, graduate apprenticeship opportunities

Wednesday 5 – 'flu vaccination – it's still available, sickness absence fraud, TrakCare server maintenance

Thursday 6 – deadline for print & promotional materials requests, 2025 diabetes education programme

All briefs are stored online, [just click this link](#) or visit Working with Us>HR Portal>NHSG Staff Daily Briefs on the NHS Grampian website.

Steps up, CO₂ down Well done to all teams who are taking part in this year's Step Challenge. Within the first 10 days, you managed to save 3,225kg of CO₂ which is almost the same as a car travelling 25,000 miles, or the distance around planet Earth! It's a conservative estimate too, as we've only included the miles participants have specifically highlighted as alternatives to taking the car. Keeeeeeeeeep stepping!

Tune of the day It is Friday, for which we can only be grateful. [Last Friday Night \(TGIF\)](#) by Katy Perry will take us towards the weekend. Whatever your plans, enjoy, and thank you for another week.

Here's a challenge for next week; with Valentine's Day fast approaching, what are your favourite songs about love? We don't have to get all lovey-dovey, this can be love gone wrong as well. Drop us a line with your requests! (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot