

Daily Brief...



Tuesday 8 April 2025

Data security – keep your devices secure Your phone/laptop/computer pin codes and passwords are the keys to your devices and all the data and systems they have access to. Never leave pin codes or passwords stuck to or with (e.g., in the same bag as) your computers, laptops, phones or other data devices. If the device is stolen or your office is broken into, all the device's security is bypassed because the criminal has the codes and passwords. It's like locking your front door, then taping the key and the alarm code to the outside where anyone can see them and let themselves in.

ICYMI - First Aid training - important update Due to staffing changes, occupational health is currently **unable** to provide **any** in-house first aid training. If you/your service urgently requires training, you should consider arranging an external provider. We apologise for the inconvenience and thank you for your patience and understanding. Updates will be provided when we have a plan for the provision of future training.

Retirement flowchart A flowchart has been developed to assist managers and employees navigate their way through the various types of retirals. [It's available to view here](#) (intranet link, networked devices only). A link to the flowchart can also be found on the [Pensions intranet page](#).

Research & Development annual conference – save the date! This event will take place at P&J Live on 27 & 28 June. Entitled 'Breaking Traditional Disciplinary Barriers', it will incorporate NHS Research Scotland reproductive health & childbirth and University of Aberdeen interdisciplinary institute events. To register your interest, please contact gram.conf25@nhs.scot

Simulated participant recruitment Robert Gordon University are recruiting simulated participants to help train the healthcare workers of the future. You don't need any previous experience, or to work in a clinical role, you just need to be willing to play the part of a patient in hands-on learning sessions. Interested? Contact Fiona Logie to find out more on 01224 262905 or via SPs@rgu.ac.uk

Tune of the day Today's request is dedicated to Lynn Leslie, medical secretary in liaison psychiatry. Colleague Natalie Fox tells us Lynn recently received her 30 years' service award, which is odd for someone who says she isn't yet 30 herself (☺). To celebrate Lynn, here's [Forever & Always](#) (Taylor's Version) (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot