



Tuesday 8 October 2024

Grampian NHS Board meeting The board will meet this Thursday (10 October) via Teams. Our financial position is once again top of the agenda. You can read the finance report and all other board papers here: <u>10 October 2024 (nhsgrampian.org)</u>

Staff vaccinations – more clinics added! The opportunities to get your winter vaccinations keep on coming; there will be a walk-in clinic for staff in Banchory **tomorrow** (9 October) between 4-7.30pm. South of Aberdeen? The Stonehaven clinic will be accepting staff walk-ins between 9am-4pm **this Friday** (11 October). Please note the clinic is closed between 12.20-1pm.

If attending a staff clinic, please remember your ID badge. Details of <u>all</u> staff clinics are on the intranet here (networked devices only): <u>NHS Grampian News - UPDATED - Staff Winter Vaccination</u> <u>Programme... (scot.nhs.uk)</u>

Understanding the enablers and barriers to reporting violence and aggression Thank you to everyone who took the time to complete the recent survey on Understanding the enablers and barriers to reporting violence and aggression within NHS Grampian. Your responses to the survey are very much appreciated and the results will help identify opportunities to enhance staff health, safety, and wellbeing. A link to the survey results will be shared in this brief in due course.



New home for clinicalskills.net Clinicalskills.net is a web application we hold a licence with, allowing healthcare professionals to access illustrated guides for clinical skills procedures. Clinicalskills.net has moved to a new web application, and <u>a new guest link can be accessed via the intranet banner</u>. To utilise additional functionality such as assessments and a CPD log, we recommend you create an account using your NHS Scotland email <u>using this link</u> and follow the onscreen instructions. For existing account users please access your account via the same link; you will be asked to reset your password the first time. We have attached some additional information that explains how to do this. If you have any queries, please speak to your local Practice Education and Development team.

NHS Grampian Daily Brief

Challenge Poverty 1 in 4 children live in poverty and many more families are struggling with the cost of living. Addressing child poverty is a matter of basic rights and justice. Poverty can affect every part of a child's life and mean families have less ability to provide basic necessities. Children living in poverty are more likely to experience poorer health and this persists into adulthood.

We may find it hard to know what else we can do to support our patients, clients, colleagues, or relatives who face these challenges. If you are a member of staff who sees the impact on the people you are caring for, we would like to hear your experiences and ideas for how we can do things differently to help families living in poverty. We have two online sessions available for you to join on **Thursday 24 October, 2 to 3pm, and Monday 28 October, 11am and 12 noon.** In these sessions, we'd like to hear your experience so your ideas and insights inform our work to address the relationship between the NHS and child poverty and what we can do as an organisation to help. To book your slot, contact <u>gram.puttingpeoplefirst@nhs.scot</u>

Updated - staff physiotherapy service self-help guide The staff physiotherapy service produces an information guide, to help you understand the different types of musculoskeletal pain, and how we can all be more physically active. The latest edition focuses on neck pain. You can read the full guide here: NHS Grampian Staff Physiotherapy Service 2024 (cloud.microsoft)

Managed Clinical Network events The following November events have been organised by the Managed Clinical Networks:

- The respiratory MCN Winter event takes place 9.30am-12.30pm on Wednesday 13 November via Teams. The session will include prescribing updates, information on acute respiratory infections, realistic medicine, winter snapshots, and a paediatric update. <u>Registration is via this link</u>.
- Palliative and end of life care professional conference registration is now open for this event, taking place at Aberdeen Altens Hotel on Wednesday 20 November. As always, it will focus on networking, sharing challenges and successes, and provide a broad range of educational talks and interactive workshops. The event costs £35 and registration is via Eventbrite here: Grampian Palliative and End of Life Care Network Conference 2024 Tickets, Wed 20 Nov 2024 at 08:30 | Eventbrite

If you have any queries about either event, please contact gram.mcn@nhs.scot

Tune of the day We're in the business of saying goodbye once again; Lynne Murison is leaving the Banff health visitors team, after 8 years of what Kendra Hadden describes as 'keeping us all right'. For Lynne, who else but <u>Miss Tina Turner</u>?

It's international podiatry day, so Happy Mondays and <u>Step On</u> goes out to all our lovely podiatrists (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via <u>gram.communications@nhs.scot</u>