



For those who missed the presentations delivered at August's North East Place and Wellbeing Network please follow this link to watch back the recording click [here](#).

Paul Southworth (NHS Grampian Public Health Lead Consultant for Place) shared with us about the importance of 'place'



Paul's presentation slides can be found [here](#).

Dawn James, North East Engagement Officer for RSPB also presented some slides to explain Nature Prescriptions and a pilot project being delivered in Aberdeen City with four GP Practices. Slides can be found [here](#) along with further information about Nature Prescriptions can be found [here](#).



Just before the summer we sent out a survey to the members of the North East Place and Wellbeing Network asking what their thoughts were about the network and what members would like to see in the future. A summary of the results from the survey can be found [here](#).

One of the key areas of the network is looking at a communication platform and some members are interested in creating the North East Place and Wellbeing Network as an independent Scottish Charitable Incorporated Organisation (SCIO). If anyone is interested in developing this further and looking at a communication forum for the network please email [alison.hannan2@nhs.scot](mailto:alison.hannan2@nhs.scot)

**Using Place as a Lens to Improve Health 2025!**

We are starting to work towards planning a symposium for March 2025. If anyone has any ideas or suggestions for a venue please get in touch. We are hoping to combine it with the International Social Prescribing day in March date still to be announced by the international community.

**Noticeboard of other Activities to be shared with the North East Place & Wellbeing Network:**

**Upcoming Events –**

**12<sup>th</sup> October (10.30-4pm) The Grampian Gathering at Beach Ballroom, Aberdeen** - Open to all people across Grampian –

delegates over 50 years old and any services who are interested in supporting older people to live their best retirement.

**Recent Publications of Interest:**

A recent article in the Guardian this week –

[‘Better than medication’: prescribing nature works, project shows | Environment | The Guardian](#)

**‘Better than medication’: prescribing nature works, project shows**

Scheme helping people in England connect with nature led to better mental health, report finds



More than 8,000 people were helped to take part in activities including community gardening. Photograph: RachelDewis/Getty Images/iStockphoto

**Funding and Other Opportunities:**

Just Transition Participatory Budgeting Fund is running for its third year this summer. **Applications close Monday 23<sup>rd</sup> September.**



In brief, non-profit organisations/groups under £1m in turnover can apply for up to £50,000 for capital items that enable community projects showcasing best practice in sustainability, contributing to, and promoting, a whole society shift towards net zero and a better way of living. For more information visit [Just Transition Participatory Budgeting Fund \(jtpbfund.scot\)](http://JustTransitionParticipatoryBudgetingFund(jtpbfund.scot))



**Aberdeen City Health Improvement Fund 2024/25.** Applications will be open for locality based projects only from 21<sup>st</sup> August – 11<sup>th</sup> September. For further details please follow link [Health Improvement Fund | Aberdeen City HSCP](#)

Woodland Trust are offering free tree planting please click here for further details



[Free Trees for Schools and Communities - Woodland Trust](#)

**Date of Next Place and Wellbeing Network -**