Place and Wellbeing Network Survey
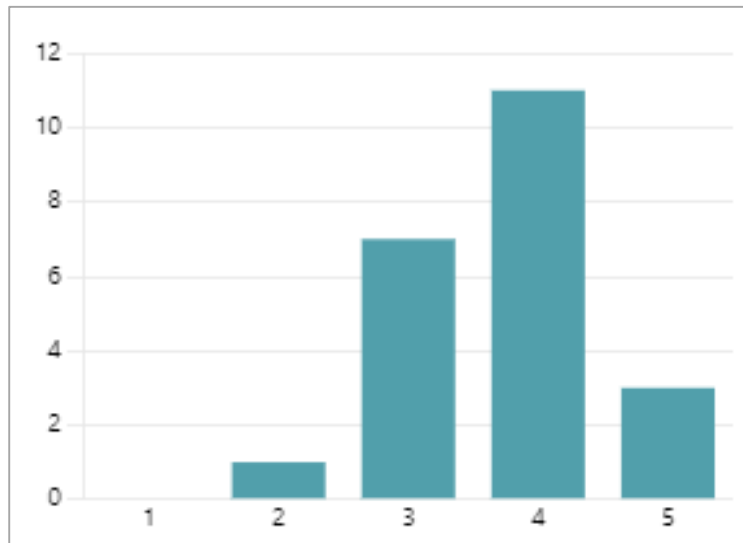## Summer 2024

Aim: collect reflections on 2 years of the Network, what's going well and how we can improve

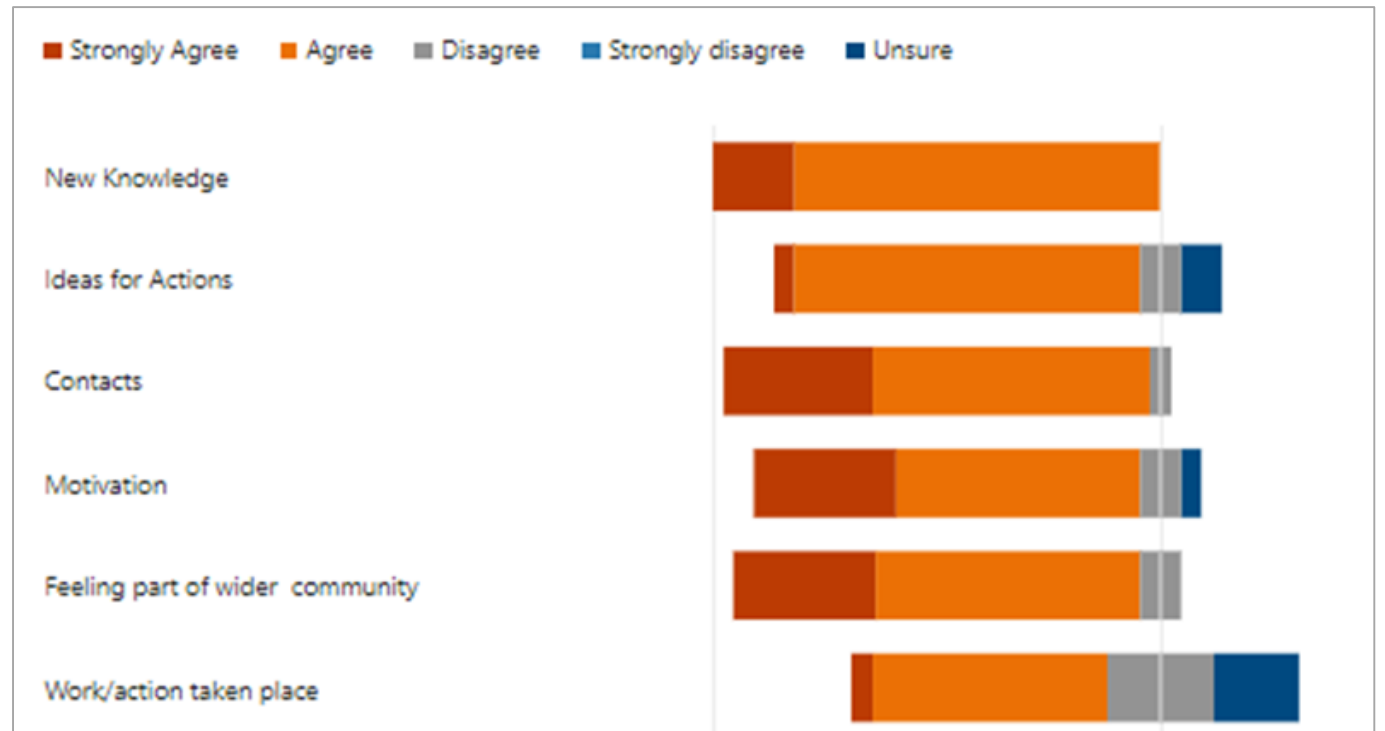22 responses to online form

Responses overview

• Two-thirds rated the benefit from contact with the Network to their work at 4 or 5 (out of 5)
• .Feeling part of a wider community, gaining contacts and motivation were the main benefits reported
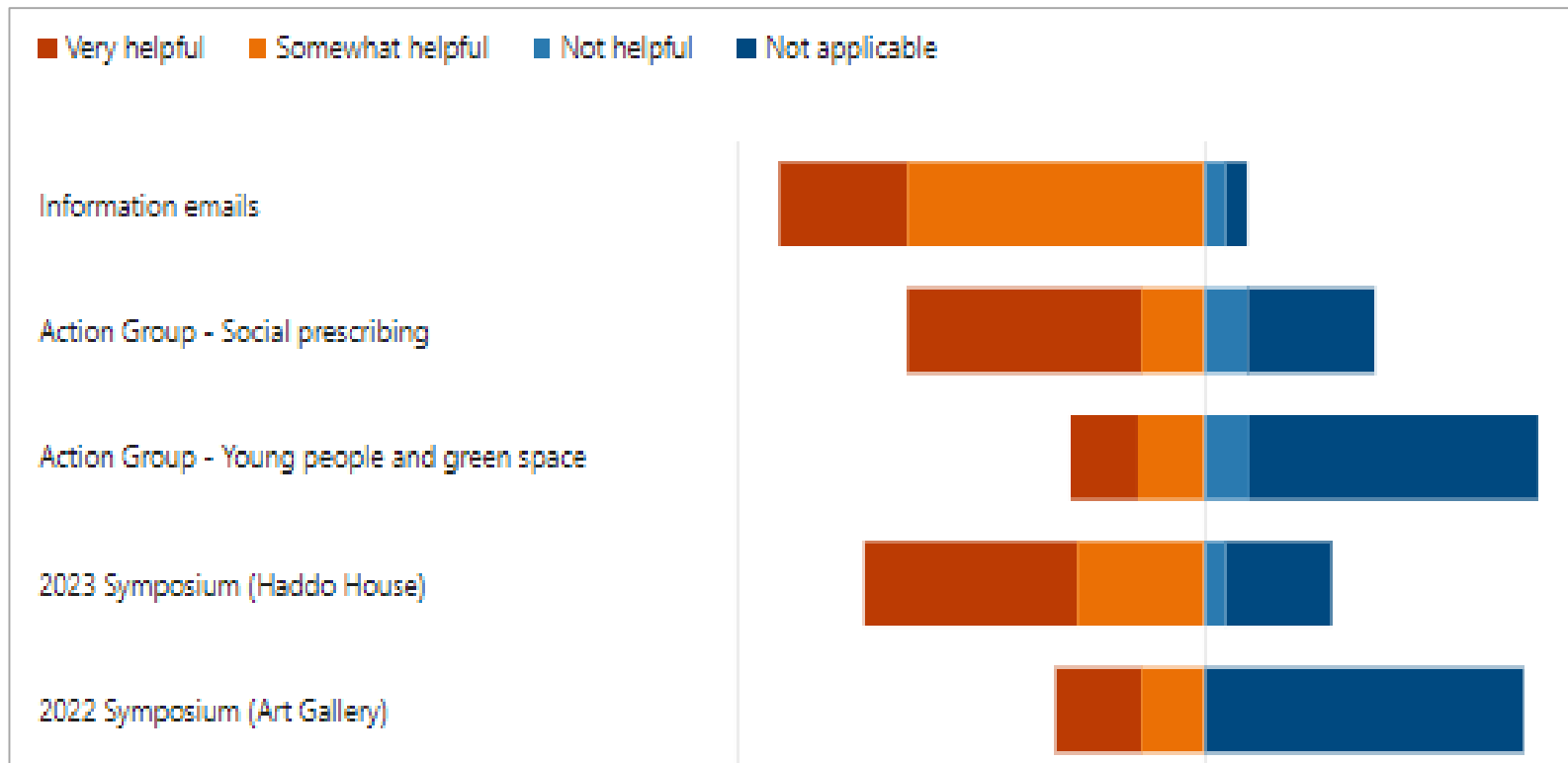
Benefit to your work from contact with Network?

Main benefits
Community / Motivation / Contacts

Responses overview

The most helpful activities were:
- social prescribing action group
- Haddo House symposium
- information emails

Helpfulness of Network activities

Themes

Strengths of Network

- **raises the profile** of place and wellbeing

- creates enthusiasm and **momentum**

- **connects** people who then work together

- **information** sharing

- **focus** on areas of interest together

- **progress** made with social prescribing

The network has been excellent for providing contacts who have helped and become involved with other pieces of work

It's really motivating and satisfying to focus on a couple of areas together

Being part of network has helped us make contacts to progress social prescribing in Aberdeenshire and to raise awareness of some of work happening in our areas.

Themes

Suggestions & Areas to develop

- **formal constitution** as a community group – access to funding/wider recognition

- **shared online space** to support the development of working relationships share good practice, information and documents

- maybe more **task led** with people working in smaller groups/partnerships to undertake task/research

- **more frequent sessions** engaging F2F or breakout rooms – shorter duration

- improve communication

- improve **community involvement**

- turn the enthusiasm into **action**

- engage with people **outside the health sector** - how do we encourage other partners into the network

Communication still needs to improve. There are barriers to being able to offer support and signposting needs to have communities involved and less people removed from the grass roots taking a decision without consultation

Themes

Questions

- clarity on aims of the Network

- where do Network priorities come from?

  Unsure where some of the priorities have come from e.g. nature and young people - was that from young people themselves or the network?

- how do we encourage other partners into the network?

- how does the work of the network connect with my coal-face clinical work?

- Increased clarity required on how the Network relates to governance structures

Responses overview

How could the Network be developed to provide greater benefit to you?
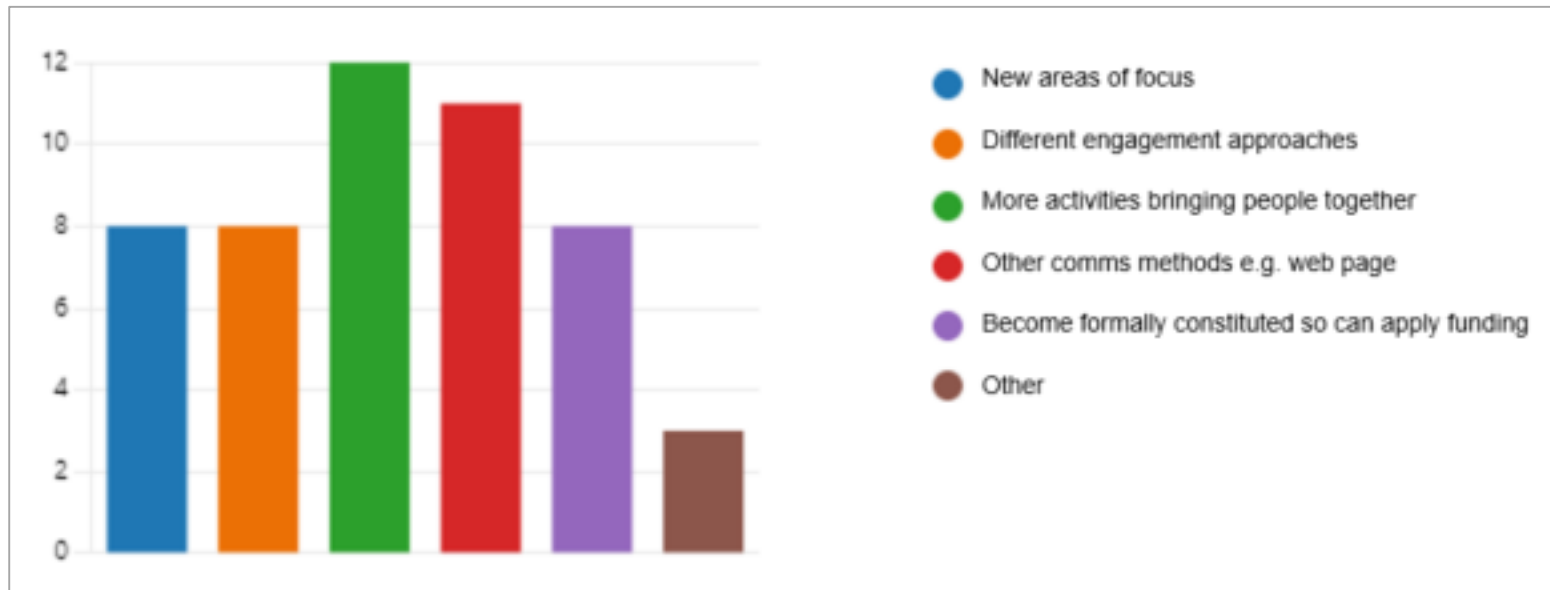
The most popular ideas were:
- more activities to bring people together
- other comms methods e.g. web page