

Who we are

The Eating Disorder Service in Aberdeen is provided by a multidisciplinary team. The team consists of:-

Consultant Clinical Psychologist – Dr Sam Aitcheson

Consultant Psychiatrist – Dr. Philip Crockett

Physician Associate – Waleed Elmasri

CBT Therapist/Supervisor – Sally Hill

Family & Systemic Psychotherapist – Sara Kay

Advanced Dietician – Marie McKimmie

Principal Clinical Psychologist – Judit Szekelyhidi

Nurse Therapists – Neil Laurenson & Sarah Wood

Team Secretary – Pamela Bradford

The sessional contribution of the various professions varies from time to time.

Where we are

The Service is based in the Fulton Clinic, Royal Cornhill Hospital and most members of the team see their patients there.

Contact Details for the EDS are as follows:

Eating Disorder Service

Fulton Clinic

Royal Cornhill Hospital

Cornhill Road

ABERDEEN

AB25 2ZH

Tel: 01224 557392

Fax: 01224 557391

Email: gram.eatingdisorderservice@nhs.scot

Who we see

We offer an outpatient service, Monday to Friday from 9.00 am to 5.00 pm, to patients suffering from Anorexia Nervosa, Bulimia Nervosa and other related disorders where these are identified as the most significant presenting problem. Most of the therapy on offer is on an individual basis but group therapies and guided self-help are also available. The Service is for people over the age of 18 years.

Videotherapy Clinics



Funding from the Scottish Telemedicine Action Forum (STAF) has led to the establishment of an extensive videoconferencing network between Aberdeen and remote sites throughout Grampian, as well as Orkney and Shetland. The sites currently targeted are:

- Chalmers Community Hospital, Banff
- Dr Gray's Hospital, Elgin
- Fraserburgh Hospital
- Kincardine Community Hospital, Stonehaven
- Lerwick Health Centre, Shetland
- Peterhead Community Hospital
- Turriff Cottage Hospital
- Yell Health Centre, Shetland