

Grampian and Orkney Realistic Medicine Programme

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Progress since last meeting

- Collaborative Programme Action Plan submitted to Scottish Government – awaiting feedback (requested)
- Both VIF projects in Orkney received positive feedback from the SG Policy Team on their interim reports
- Minor Surgery – summary report presented to H&SCP in Grampian
- Value Based Healthcare Project – endowment funding application submitted
- Realistic Conversations – Met with both Maternity services and AHP Leads in Grampian who will pilot this
- 2 GP practices in Grampian identified through AoV as under testing, 1 GP practice identified as over testing – initial scoping underway
- Continue to present at various forums – Celebrating Excellence in Grampian, Grampian Clinical Support Services, Orkney Quality Forum

Making an Impact

People receiving care feel at the centre of decisions about their care.

Waste, variation and harm are reduced and innovative approaches are taken across the pathways of care provided. Risk is managed.

Key issues/risks

The key risks that pose concern to the programme are:

- Due to staffing challenges within the Transformation Team, PM time on RM has been reduced at times
- Potential for rapidly changing COVID 19 situation and the requirement for services to be agile in their priority response
- Pace of cultural change – both historical and recent
- Funding – lack of clarity re recurring SG funding and non-recurring element for shortfall of Programme Manager
- Staff health and wellbeing
- Workforce capacity and engagement at service level/improvement fatigue
- Public understanding and engagement

Next steps

- **Realistic Conversations** – contact colleague in NHS Orkney. Meet with Consultant Midwife in Maternity Services to understand educational priorities for the service and start scoping this piece of work. Explore with NHS Grampian simulation team how they can support this pilot. (1.1)
- Engage with Laboratory colleagues in Grampian and Orkney to progress plans for a collaborative **Demand Optimisation Group** (6.1)
- **Self-management** - engage with colleague in Public Health leading this work to discuss output from first stakeholder meeting, and plan the embedding of the Realistic Medicine principles (8.2)
- **Value Based Healthcare** (7) Endowment application, secure funding source to deliver project proposal (delayed due to illness in Endowment Team).
- Meet with colleagues in corporate **communications** in Orkney and Grampian to discuss draft **calendar of events** (2.1)
- Pilot SharePoint site for Realistic Medicine Programme

Data points/measures

- Completion of TURAS eLearning package
- Website page visits

PLANNED MEASURES

- Maternity Staff survey of Shared Decision Making
- Public survey (Maternity) of Shared Decision Making

PLANNED MEASURES

- Reduce unwarranted variation in blood test request rates
- Reduce inappropriate (blood) testing