

Executive Lead-Grampian: Paul Bachoo Clinical Lead-Orkney: Jay Wragg SRO: Lorraine Scott/Judy Sinclair Programme Lead: Cathy Young  
 Programme Manager: Amanda Gotch Senior Project Manager: Leigh Ewen

Report Date 21/10/2022

## Progress since last report

- **Shared Decision Making** – PJ Paralysis test of change (Grampian)
- **Value Based Healthcare** Project – endowment funding application successful
- **Shared Decision Making** - BRAN questions being incorporated on Grampian Guidance GP referral pathways (used by both Boards)
- Collation of 1st monthly data flash report
- **Engagement**
  - Feedback from NMP Conference
  - Positive response to staff awareness survey
  - Engaged with CfSD for NHS Orkney Rheumatology service

## Making an Impact

**People receiving care feel at the centre of decisions about their care.  
 Waste, variation and harm are reduced, and innovative approaches are taken across the pathways of care provided. Risk is managed.**

## Key issues/risks

The key risks that pose concern to the programme are:

- Potential for rapidly changing COVID 19 situation and the requirement for services to be agile in their priority response
- Pace of cultural change – both historical and recent
- Funding – lack of clarity re recurring SG funding and non-recurring element for shortfall of Programme Manager
- Staff health and wellbeing
- Workforce capacity and engagement at service level/improvement fatigue
- Public understanding and engagement
- **Atlas of Variation Phase V, no national team capacity at present to support this work**

## Next steps

- House of Care and MEOC training - identify how current self-management information and resources can be optimised to support people in a way that is helpful to them and their families
- Communication and engagement plan 'launch' – video with wide input from colleagues - SDM
- Commence planning a Realistic Medicine conference for Spring 2023
- Meeting with Public Engagement Comms colleagues re plan for citizen engagement
- Pilot Shared Decision Making Masterclass
- Meeting with NHS Shetland - information sharing re Comms and Engagement
- Following a meeting with Endocrinology colleagues we will approach Labs to further analysis blood tube usage
- Minor surgery project – next steps

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## Data points/measures

- Completion of TURAS eLearning package
- Website page visits
- Staff survey of Shared Decision Making
- Public survey of Shared Decision Making
- Near Me survey of SDM using collaboRATE
- Reduce unwarranted variation in blood test request rates
- Reduce inappropriate (blood) testing

## Next steps

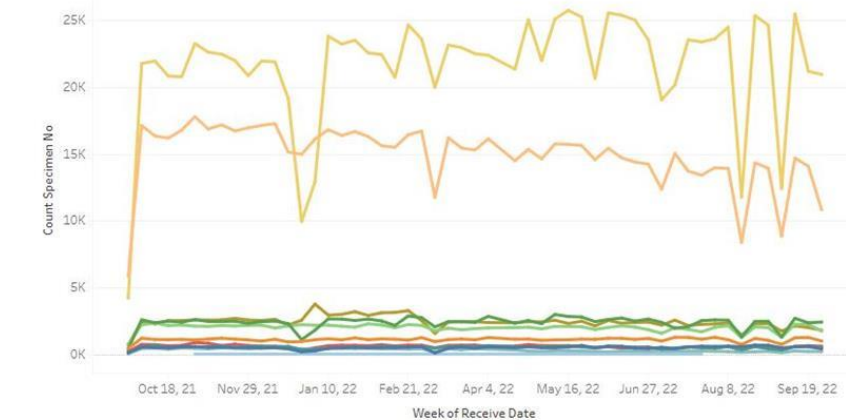
- Update RM webpage with focus on adding blogs / vlogs / podcasts / videos on SDM
- Near Me surveys for Shared Decision making
- Opportunistic baseline surveying with public and colleagues

## NHS Grampian - Staff Awareness Survey

- 275 responses
- 60 qualitative responses
- 42 responders provided contact details

## Demand Optimisation Group (DOG)

Estimated Blood Tube Usage Over Time (Summary)



GROUPED\_HOSPITAL\_NAMES

- Aberdeen Community Health & Care Village
- Aberdeen Dental School
- Aberdeen Maternity Hospital
- Aberdeen Royal Infirmary
- Community Hospitals
- Dr Grays Hospital
- Other
- Primary Care
- Royal Aberdeen Children's Hospital
- Royal Cornhill Hospital
- Woodend General Hospital

## TURAS module completion

## Realistic Medicine - Near Me Post Consultation Questionnaire – total responses 25

Community Dietetics  
 Dermatology  
 GMEDs

Views - NHS Grampian Realistic Medicine Public Facing Webpage

