Grampian and Orkney Realistic Medicine Programme

Executive Lead-Grampian: Paul Bachoo Clinical Lead-Orkney: Jay Wragg SRO: Lorraine Scott/Judy Sinclair Programme Lead: Cathy Young Programme Manager: Amanda Gotch Senior Project Manager: Leigh Ewen

Progress since last report

REALISTIC MEDICINE

Shared Decision Making

NHS

Orkney

- PJ Paralysis test of change (Grampian)
- Near Me post consultation survey (total 96 responses to date. (Fertility open until 20/12)
- Value Based Healthcare Project single tender signed off from Procurement, Progressive Partnership aware of success with funding and ready to engage.

Communication and Engagement

- NHSG House of Care training and refresher sessions
- NHSG Podiatry Vlog
- Met with NHSG Public Engagement colleagues
- Presented to student Midwives @ RGU
- NHSO staff survey launched 11/11 for 4 weeks
- NHSO Poly Tunnel Blog
- NHSG Hospital Radio
- NHSG Intranet RM banner reinstated
- NHSG website Twitter newsfeed added
- NHSO & NHSG Bowel and Bladder collaboration
- NHSG Making Every Opportunity Count (MEOC) ٠ Website update and relaunch – RM leading on
- NHSO Rheumatology Service Improvement Plan ٠ agreed

Making an Impact

People receiving care feel at the centre of decisions about their care.

Waste, variation and harm are reduced, and innovative approaches are taken across the pathways of care provided. Risk is managed.

Key issues/risks

The key risks that pose concern to the programme are:

- Potential for rapidly changing situation and the requirement for services to be agile in their priority response
- Pace of cultural change both historical and recent
- Funding lack of clarity re recurring SG funding and non-recurring element for shortfall of **Programme Manager**
- Staff health and wellbeing
- Workforce capacity and engagement at service level/improvement fatigue
- Public understanding and engagement
- Atlas of Variation Phase V, no national team capacity at present to support this work





Report Date

25/11/2022

Next steps

NHSG create and deliver RM Comms strategy in collaboration with NHSG Public Engagement for citizens (baseline measurement 1st) NHSG analyse NEAR Me post consultation survey responses • NHS Tayside RM Conference 25/11 – LE attending and will update Board at next PB meeting • Meeting with NHS Shetland - information sharing re Comms and Engagement Pilot Shared Decision-Making Masterclass NHSG RM presentations:

- Strategic Advisory Group for Palliative Care
- GANMAC Community Nursing Management
- Speech and Language Therapists

Review RM content in Plan for the Future 2022-2028 NHSG Quality Development Patient Information project to ensure inclusion of RM language and principles, BRAN questions and support team to increase electronic formatted leaflets

Film SDM video with wide input from colleagues across both Boards (PB/?JW plenary speakers)

Spring 2023 Realistic Medicine conference planning Correspond with staff survey responders who submitted their details

Meet with EPR project team to discuss RM links / inclusion

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Static Programme Data Measures

- Completion of TURAS eLearning package
- Website page visits

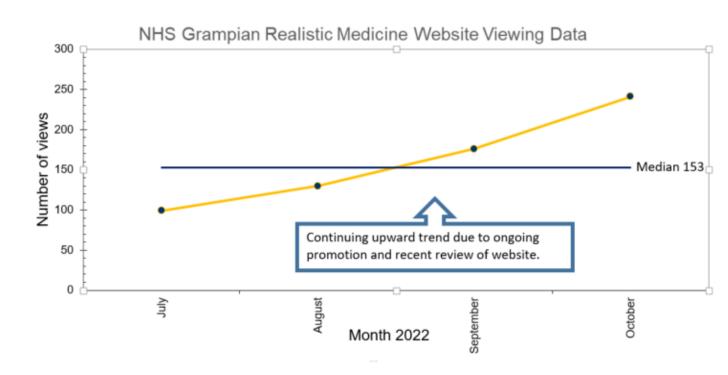
NHS

Orkney

- Reduce unwarranted variation in blood test request rates
- Reduce inappropriate (blood) testing

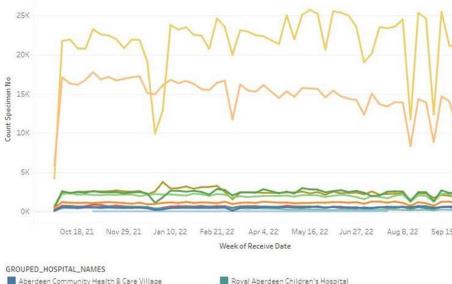
Project Data Measures

- PJ Paralysis test of change (Grampian)
- Near Me survey of SDM using collaboRATE
- Staff survey of Shared Decision Making
- Public survey of Shared Decision Making
- MEOC website viewing data
- Other Portfolio project data



Demand Optimisation Group (DOG)

Estimated Blood Tube Usage Over Time (Summary)



- Aberdeen Dental School Aberdeen Maternity Hospita Aberdeen Roval Infirmary Community Hospitals Dr Grays Hospita Other Primary Care
- Roval Aberdeen Children's Hospita Royal Corohill Hospital Woodend General Hospita





Report Date

NHS Grampian - Staff Awareness Survey

- 275 responses
- 60 qualitative responses
- 42 responders provided contact details

Near Me Post Consultation Questionnaire Total responses 96 (20% response rate) (3 services closed 21/11)

- Dermatology 132 (19 providers)
- GMED 57 (23 providers)
- Community Dietetics 42 (11 providers)
- Fertility 209 (24 providers closes 21/12)

