

Grampian and Orkney Realistic Medicine Programme

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Programme Manager: Amanda Gotch Senior Project Manager: Leigh Ewen

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Progress since last report

- **Demand Optimisation Group** slowly coming together – have met with several colleagues in both boards who have agreed to be a member of this. Also met with GP colleagues in Grampian who have been identified on the AoV are ‘outliers’ to begin discussions to explore this
- **Self Management** work – collaborating with colleagues in public health in Grampian (House of Care/MEOC) integrating/highlighting RM principles in this work
- **Value Based Healthcare** Project – endowment funding application resubmitted with requested additional information
- **Realistic Conversations** – First draft of resources shared with colleagues in Maternity & AHP services, awaiting feedback
- Input into the review for the **NHS Scotland Sustainability Assessment Tool** on behalf of Realistic Medicine
- **Engagement**

Making an Impact

People receiving care feel at the centre of decisions about their care.
Waste, variation and harm are reduced and innovative approaches are taken across the pathways of care provided. Risk is managed.

Key issues/risks

The key risks that pose concern to the programme are:

- Potential for rapidly changing COVID 19 situation and the requirement for services to be agile in their priority response
- Pace of cultural change – both historical and recent
- Funding – lack of clarity re recurring SG funding and non-recurring element for shortfall of Programme Manager
- Staff health and wellbeing
- Workforce capacity and engagement at service level/improvement fatigue
- Public understanding and engagement
- **Atlas of Variation Phase V, no national team capacity at present to support this work**

Next steps

- **AHP Leads meeting presentation**
- **Communication and engagement plan – video**
- **World Patient Safety Day**
- **Near Me surveys for Shared Decision making**
- **Opportunistic baseline surveying with public and colleagues**
- **Mental Health and Learning Disability Away Day workshop**
- **NHS Shetland 14/9**
- **Rheumatology Group Meeting (CfSD)**
- **Can Judy/Jay please advise of a link in Orkney regarding House of Care/MEOC and a potential service for the Realistic Conversations pilot**

Data points/measurements

- Completion of TURAS eLearning package
- Website page visits

PLANNED MEASURES

- Staff survey of Shared Decision Making
- Public survey of Shared Decision Making
- Near Me survey of SDM using collaboRATE

PLANNED MEASURES

- Reduce unwarranted variation in blood test request rates
- Reduce inappropriate (blood) testing