



Grampian and Orkney Realistic Medicine Programme March 2023



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Report Date

03/04/2023

Progress since last report

Annual leave within the team for the last month

- Presentations to;
 - AHP Acute Sector Leads 23/03/23
 - First Year Nursing Students 22/03/23
 - PIP Team 21/03/23
- Near Me SDM Measurement Survey results and presentation shared with Services who took part
- Options appraisal for NHS Orkney Bladder and Bowel completed and submitted, now developing a business plan for the preferred option
- Sponsorship requested from University of Aberdeen for Value-based referrals research
- Responses submitted to National Policy Team re: Atlas of Variation

Making an Impact

People receiving care feel at the centre of decisions about their care.

Waste, variation and harm are reduced, and innovative approaches are taken across the pathways of care provided. Risk is managed.

Key issues/risks

The key risks that pose concern to the programme are:

- System Pressures Workforce capacity and engagement at service level/improvement fatigue
- Funding lack of clarity re recurring SG funding and non-recurring element for shortfall of Programme Manager
- · Staff health and wellbeing
- Public understanding and engagement
- Atlas of Variation Phase V (Primary Care), no national team capacity at present to support this demand optimisation work

Next steps

- 2023 2024 Action Plan
- NHSG Realistic Medicine Champions
- Two-centre conference
- TEPs/ReSPECT/ACPs (both)
- NHSG Progressive Partnership
- NHSG Minor Surgery
- Widen use of CollaboRATE Tool on Near Me surveys with other modes of consultation to evidence SDM
- Lunchtime sessions on SDM, VBHC and Sustainability
- Presenting RM to
 - 2nd year nursing students 12th April 2023
 - PIP Directorate 21st March 2023
 - Healthcare sciences community 10th May 2023
 - MCN Stroke Conference 14 June 2023
 - MCN Cancer Conference (stand only) 24 April 2023
- Public Engagement (both)
 - Patient focused letter
 - Realistic Medicine/Health Information Plus sessions in Central and Airyhall Libraries.

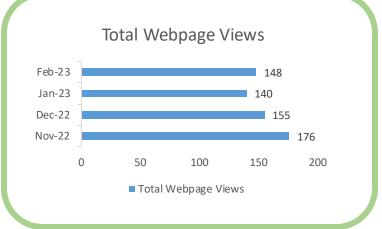




Grampian and Orkney Realistic Medicine Programme



- Data from SDM Masterclass Pilot SDM Pilot 1 Review.docx
- NHSG Webpage views
- Responses and Plans from refreshed Atlas of Variation maps NHS Grampian AoV Responses and Plans V1.pdf



Engagement with Orkney Bladder & Bowel Project

Staff 61 responses

Public/patients 89 responses Family/carers 10 responses

*Business case being developed, data could also be utilised for wider service improvement

Data points/measures

- Completion of TURAS eLearning package
- Website page visits
- Staff survey of Realistic Medicine
- Public survey of Shared Decision Making
- Near Me survey of SDM using collaboRATE
- Address unwarranted variation in services with refreshed Atlas of Variation maps

Next steps

- Use data from surveys to direct education and communications
- Update webpage, develop same in Orkney
- Shared decision-making measurements in other forms of consultation
- Gap analysis in both Boards

Shared Decision-Making Pilot



