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| **INDIVIDUAL AGREEMENT on**  **The Working Time Regulations 1998 (as amended):**  **Section 4: Maximum weekly working time** |

1. **PURPOSE AND SCOPE OF AGREEMENT**

Regulation 4(1) of the Working Time Regulations 1998 states that subject to Regulation 5, a worker’s working time, including overtime, shall not exceed an average of 48 hours for each seven days, averaged over a rolling 17 week period.

Regulation 5 states that the 48 hour limit shall not apply to a worker who has agreed with his employer in writing that it should not apply in his case.

This agreement is to allow staff to exclude the application of Regulation 4(1).

2. **AGREEMENT**

I, (Name), (Designation), hereby agree that the limit of working hours for each seven days set out in Regulation 4(1) of the Working Time Regulations 1998 shall not apply in relation to my working time with NHS Grampian. The calculation of my working time will be made by reference to a reference period of 17 weeks.

This agreement will come into force as at the date of my signature. The agreement is for an indefinite period, but is terminable by me on giving up to 3 months’ written notice of termination to NHS Grampian.

Signed (Member of Staff): Date:

Signed (Head of Department): Date:

#### Note: This agreement does not apply to Doctors in Training

Please return to Mr Ian Ross, SSTS Team, HRSC, Westholme, Woodend Hospital and retain a copy locally for reference.