



**URBAN Observatory for Multi-participatory
Enhancement of health and wellbeing**

Health and Wellbeing in Urban Policies: Considerations of research methodology

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Aims of this session

- ❑ Aims and objectives of Urbanome
- ❑ Aberdeen Urban Living Lab
- ❑ Considerations of Research Methodology
- ❑ Potential implications for Policy and Practice



URBANOME: Project Summary

4 year project- began March 2021

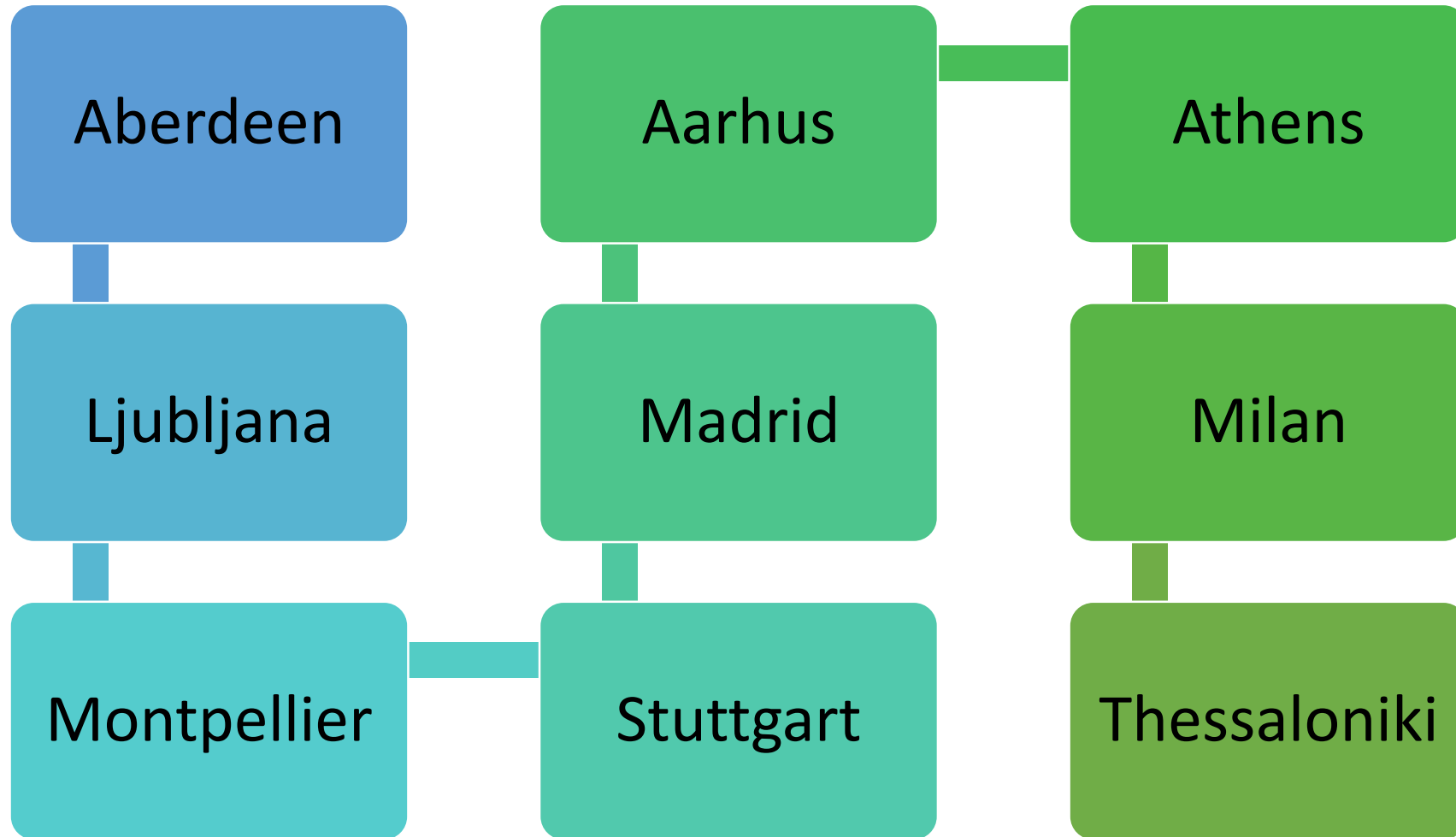
Funded through EU Horizon 2020 [Grant number 945391]

Aims to promote urban health, wellbeing and liveability

Supporting the “Health in all Policies” approach of WHO

Website: Urbanome.eu

EU partners: Urban Living Labs



Co-design approach

“...collective creativity as it is applied across the whole span of a design process...”

(Sanders and Stappers, 2008: 6)



Aberdeen Urban Living Lab

- Co-design workshops with stakeholders
- Exploring Urban and Personal interventions
- Current or planned projects in Aberdeen
- Potential Impact on Health and Wellbeing of citizens



Practice Theory Approach

- Relevant to Interventions
- Possible approaches to evaluation:
 - Interviews
 - Diary content
 - Ethnography
 - Questionnaires



Policy and Practice Implications

- ❑ Inclusion of vulnerable groups
- ❑ Consideration of leadership
- ❑ Qualitative and quantitative evaluative approaches
- ❑ Integration of sectors (public health, transport, academia, council)

