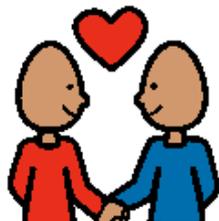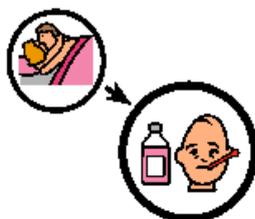# Sexual Health

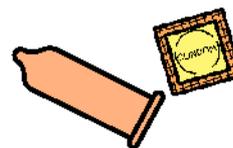This is about you and your partner being safe

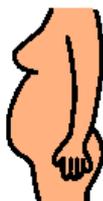There are things you can do to keep you safe when you have sex

When you have sex you can get a sexually transmitted infection

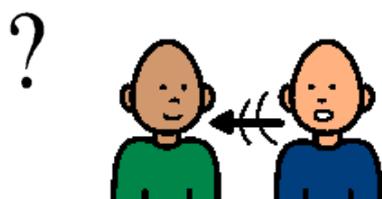You can use a condom so you do not get an infection

When you have sex you can get pregnant

There are things you can do to stop you getting pregnant

Do you want to know more?

You can phone 0500 20 20 30

healthpoint
WALK IN FOR INFORMATION

healthline 0500 20 20 30
CALL FREE FOR INFORMATION

?

If you need more help with sexual health:

You can phone the free Healthline on
0500 20 20 30

Or go to your local Healthpoint:

**Aberdeen Market, Monday - Saturday,
10.00am - 4.00pm**

**ARI Concourse, Monday - Friday,
10.00am - 4.00pm**

**1-3 Kirk St Peterhead, Tuesday - Friday
11.00am - 3.00pm**

Healthpoint is a place where you can get free
advice and information about your health

CGD 100214