

This Quick Reference Guide is designed to support choosing the correct types and sizes of dressings. Please note first and second choice options. Refer to the NHS Grampian Joint Wound Care Formulary for additional information see <https://www.grampianformulary.scot.nhs.uk/chaptersSub.asp?FormularySectionID=26>.

For further information, please contact Tissue Viability department - <https://www.hinetgrampian.scot.nhs.uk/people-networks/tissue-viability/>.

It is expected that the majority of community supplies will be ordered via PECOS. This has the potential to lead to considerable efficiency savings. PECOS codes have been added to the guide. However, in the community those products highlighted pink and noted 'Community use - issue on prescription' are best obtained on a prescription.

Although ordering is encouraged via PECOS, this DOES NOT negate the need for products to be prescribed. ONLY prescribers should be changing dressing choice and documenting in patient held records as prescribed by them.

It is important that all wounds are regularly assessed and the management of a wound documented. The NHS Grampian Applied Wound Management Assessment Chart must be completed for any wound (excluding non-complex surgical wounds) – available from central stores Stock number ZKB902.

Please note that not all of the items in this document are included in the Nurse Prescribers' Formulary (NPF), and therefore cannot be supplied on a GP(10)N written by a community nurse prescriber. Link to the NPF (an openAthens/NHS Scotland login may be required) [https://www.medicinescomplete.com/#/content/bnf/\\_129024858](https://www.medicinescomplete.com/#/content/bnf/_129024858).

### Absorbent dressing

| Product   | Available Sizes          | SKU    | PECOS Pack Size |
|---|--------------------------|--------|-----------------|
| kliniderm® superabsorbent<br><b>1<sup>st</sup> Choice</b> | 10x10cm                  | 269617 | 1 x 50          |
|   | 10x20cm                  | 269624 | 1 x 50          |
|   | 20x20cm                  | 217144 | 1 x 15          |
|   | 20x30cm                  | 269631 | 1 x 10          |
| KerraMax Care®<br><b>2<sup>nd</sup> choice</b>            | 5x5cm<br>(podiatry only) | 271702 | 1 x 10          |
|   | 10x10cm                  | 171712 | 1 x 10          |
|   | 10x22cm                  | 171705 | 1 x 10          |
|   | 20x22cm                  | 171699 | 1 x 10          |
|   | 20x30cm                  | 237067 | 1 x 10          |

### Alginate dressing

| Product             | Available Sizes | SKU    | PECOS Pack Size |
|---------------------|-----------------|--------|-----------------|
| ActivHeal® Alginate | 5x5cm           | 272143 | 1 x 10          |
|                     | 10x10cm         | 272150 | 1 x 10          |
|                     | 10x20cm         | 272709 | 1 x 5           |

### Non-adherent dressing

| Product                                   | Available Sizes | SKU    | PECOS Pack Size |
|---|-----------------|--------|-----------------|
| Atrauman®<br><b>1<sup>st</sup> Choice</b> | 5x5cm           | 134021 | 1 x 50          |
|   | 7.5x10cm        | 230501 | 1 x 50          |
|   | 10x20cm         | 052301 | 1 x 30          |
|   | 20x30cm         | 271283 | 1 x 10          |
| Kliniderm® silicone wound contact layer   | 5x7.5cm         | 267767 | 1 x 10          |
|   | 7.5x10cm        | 267774 | 1 x 10          |
|   | 12x15cm         | 267781 | 1 x 10          |
|   | 20x30cm         | 267798 | 1 x 5           |

### Low absorbent dressing

| Product   | Available Sizes          | SKU | PECOS Pack Size |
|---|--------------------------|-----|-----------------|
| 365® Non Woven Island<br><b>1<sup>st</sup> Choice</b> | 5x7.2cm                  | TBC | 1 x 50          |
|   | 10x10cm                  | TBC | 1 x 50          |
|   | 10x15cm                  | TBC | 1 x 50          |
|   | 10x20cm                  | TBC | 1 x 25          |
|   | 10x25cm                  | TBC | 1 x 25          |
| 365® Non Adherent                                     | 5x5cm<br>(podiatry only) | TBC | 1 x 100         |

### Polyurethane foam film dressing with adhesive border

| Product   | Available Sizes    | SKU    | PECOS Pack Size |
|---|--------------------|--------|-----------------|
| kliniderm® foam silicone border<br><b>1<sup>st</sup> Choice</b> | 7.5x7.5cm          | 216659 | 1 x 5           |
|   | 10x10cm            | 216666 | 1 x 5           |
|   | 12.5x12.5cm        | 216673 | 1 x 5           |
|   | 15x20cm            | 216703 | 1 x 5           |
| Biatain® Silicone<br><b>2<sup>nd</sup> Choice</b>               | 7.5x7.5cm          | 273744 | 1 x 10          |
|   | 10x10cm            | 271238 | 1 x 10          |
|   | 12.5x12.5cm        | 271245 | 1 x 10          |
| FarlaFOAM-S®  | 15x15cm            | 271252 | 1 x 5           |
|   | 10x10cm            | 274918 | 1 x 5           |
| Tegaderm® Foam Adhesive Dressing                                | 15x15cm            | 274611 | 1 x 5           |
|   | Oval - 10x11cm     | 080731 | 1 x 10          |
|   | Oval - 14.3x15.6cm | 215249 | 1 x 5           |

### Polyurethane foam film dressing without adhesive border

| Product   | Available Sizes | SKU    | PECOS Pack Size |
|---|-----------------|--------|-----------------|
| kliniderm® foam<br><b>1<sup>st</sup> Choice</b> | 5x5cm           | 269259 | 1 x 10          |
|   | 10x10cm         | 269266 | 1 x 10          |
|   | 10x18cm         | 272082 | 1 x 10          |
|   | 20 x 20cm       | 269273 | 1 x 10          |
| Mepilex® XT (for fragile friable skin)          | 10x11cm         | 200993 | 1 x 5           |
|   | 11x20cm         | 201006 | 1 x 5           |
| Polymem® Non-Adhesive                           | 8x8cm           | 242283 | 1 x 15          |
|   | 10x10cm         | 242290 | 1 x 15          |
|   | Roll - 10x61cm  | 242320 | 1 x 4           |

### Hydrogel dressing

| Product             | Available Sizes | SKU    | PECOS Pack Size |
|---------------------|-----------------|--------|-----------------|
| ActivHeal® Hydrogel | 8g              | 273997 | 1 x 10          |
|                     | 15g             | 130474 | 1 x 10          |
| ActiFormCool®       | 5x6.5cm         | 117123 | 1 x 5           |
|                     | 10x10cm         | 084159 | 1 x 5           |
|                     | 10x15cm         | 093205 | 1 x 3           |

### Hydrocolloid dressing

| Product             | Available Sizes | SKU    | PECOS Pack Size |
|---------------------|-----------------|--------|-----------------|
| Duoderm® Extra Thin | 7.5x7.5cm       | 034840 | 1 x 5           |
|                     | 10x10cm         | 031658 | 1 x 10          |
|                     | 15x15cm         | 031665 | 1 x 10          |
|                     | 5x10cm          | 034857 | 1 x 10          |

# NHS Grampian Joint Wound Care Formulary February 2023

## Summary Chart of Formulary Products by Dressing Type



### Protease modulating matrix

| Product                    | Available Sizes                | SKU    | PECOS Pack Size |
|----------------------------|--------------------------------|--------|-----------------|
| ActivHeal® AquaFiber Extra | 5x5cm                          | 270828 | 1 x 10          |
|                            | 10x10cm                        | 270835 | 1 x 10          |
|                            | 15x15cm                        | 270842 | 1 x 10          |
|                            | Ribbon 2x46cm                  | 270811 | 1 x 5           |
| Promogran Prisma®          | Hexagonal - 28cm <sup>2</sup>  | 117697 | 1 x 10          |
|                            | Hexagonal - 123cm <sup>2</sup> | 128976 | 1 x 10          |

### Vapour permeable adhesive film dressing (semi permeable adhesive dressing)

| Product  | Available Sizes | SKU | Pack Size |
|--|-----------------|-----|-----------|
| 365® Film<br><b>1<sup>st</sup> Choice</b>                  | 6x7cm           | TBC | 100       |
|  | 10x12cm         | TBC | 50        |
|  | 10x14cm         | TBC | 50        |
|  | 15x20cm         | TBC | 25        |
| Tegaderm® + Pad<br>(use if shower proof dressing required) | 5x7cm           | TBC | 50        |
|  | 9x10cm          | TBC | 25        |
|  | 9x15cm          | TBC | 25        |
|  | 9x20cm          | TBC | 25        |
|  | 9x25cm          | TBC | 25        |
|  | 9x35cm          | TBC | 25        |

### Heel dressing

| Product   | Available Sizes | SKU    | PECOS Pack Size |
|---|-----------------|--------|-----------------|
| kliniderm® foam silicone heel border<br><b>1<sup>st</sup> choice (adhesive)</b> | 20x20.8cm       | 247714 | 1 x 5           |
| kliniderm® foam dressing heel<br><b>1<sup>st</sup> choice (non-adhesive)</b>    | 9.5cm x 12.5cm  | 269280 | 1 x 5           |

### Sacral dressing

| Product                                | Available Sizes | SKU    | PECOS Pack Size |
|--|-----------------|--------|-----------------|
| kliniderm® foam silicone sacrum border | 15x15cm         | 216680 | 1 x 5           |
|  | 18x18cm         | 216710 | 1 x 5           |
|  | 22.5x22.5cm     | 270538 | 1 x 5           |
| Mepilex® Border Sacrum                 | 15x15cm         | 173815 | 1 x 5           |
|  | *18x18cm        | 117598 | 1 x 5           |
|  | 16x20cm         | 274574 | 1 x 10          |
|  | *23x23cm        | 181391 | 1 x 5           |
|  | 22x25cm         | 274581 | 1 x 10          |

\* Please note the 18cm<sup>2</sup> and 23cm<sup>2</sup> sizes are being replaced with the sizes shown in grey above, until the new products are available please continue to order the 18cm<sup>2</sup> and 23cm<sup>2</sup> sizes.

### Barrier products

| Product                        | Available Sizes   | SKU    | PECOS Pack Size |
|--------------------------------|---|--------|-----------------|
| Cavilon® Barrier Cream         | 2g Sachet (single-use product, <b>hospital use only</b> ) | 241842 | 1 x 20          |
|                                | 28g Tube  | 231034 | 1 tube          |
|                                | 92g Tube  | 241835 | 1 tube          |
| Cavilon® No Sting Barrier Film | 1mL Foam  | 241767 | 1 x 25          |
|                                | 3mL Foam  | 266524 | 1 x 25          |
|                                | 28mL Spray  | 231041 | 1 spray         |

### Tapes

| Product  | Available Sizes | SKU | Pack Size |
|----------|-----------------|-----|-----------|
| Mefix®   | 2.5cmx5m        | TBC | 1         |
|          | 5cmx5m          | TBC | 1         |
|          | 10cmx5m         | TBC | 1         |
|          | 15cmx5m         | TBC | 1         |
|          | 20cmx5m         | TBC | 1         |
|          | 30cmx5m         | TBC | 1         |
| Mepitac® | 2cmx3m          | TBC | 1         |
|          | 4cmx1.5m        | TBC | 1         |

### Miscellaneous

| Product  | Available Sizes                              | SKU    | Pack Size |
|--|--|--------|-----------|
| Appeel® Sterile Sachets  | 5mL(comm)                                    | TBC    | 10        |
|  | 5mL ( <b>hosp</b> )                          | TBC    | 20        |
| UCS Debridement  | 19x19cm                                      | 217106 | 1 x 10    |
| Flaminal® Forte  | 15g  | 138067 | 1 x 5     |
|  | 50g  | 174720 | 1 tube    |
| Flaminal® Hydro  | 15g  | 138074 | 1 x 5     |
|  | 50g  | 196692 | 1 tube    |
| Fludroxycortide 4micrograms/cm <sup>2</sup> tape 7.5cm   | 20cm   | N/A    | 1         |
| Fludroxycortide Ointment   | 60g  | N/A    | 1         |
| Sterile NaCl 0.9%  |  |        |           |
| Normasol®  | PECOS only 25mL sachet                       | 036424 | 25 x 25mL |
| Clinipod® 20mL   | Community only – issue on prescription       |        | 25 x 20mL |
| Prontosan® Wound Irrigation Soln   | <b>Hospital only</b> 40mL                    | 176694 | 1 x 24    |
|  | Community use – issue on prescription        |        | 1 x 350mL |
| Prontosan® Wound Gel X   | <b>Hospital only</b> 50g                     | 193585 | 1 x 50g   |
|  | Community use - issue on prescription        |        | 1 x 50g   |
| BioBag®, Larvae 100® and 200®  | Refer to the NHSG Joint Wound Care Formulary |        |           |
| NPWT   | Refer to the NHSG Joint Wound Care Formulary |        |           |
| NHS Grampian Applied Wound Management Assessment Chart – available from Central stores Stock number ZKB902 |  |        |           |

## ANTIMICROBIAL DRESSINGS

The primary intention of topical antimicrobial therapy such as silver, iodine and honey is to reduce wound bioburden. Where clinically justified preventative use of antimicrobials is indicated, this must be conducted in full recognition of the risk-benefit ratio. Clinical signs and symptoms associated with infection or critical colonisation, i.e. delayed healing, increased fluid exudate, malodour, increased pain may indicate the use of topical antimicrobial therapy. Clear instructions on the duration of use, in most instances this should be restricted to two weeks unless there is clear clinical justification to continue for longer. If there are any concerns the infection, local or systemic, may continue, antimicrobial therapy should not be stopped. In line with good practice continued assessment of the wound should be undertaken. Antimicrobial therapy should be used with caution in paediatric patients and patients with decreased renal function.

### Honey dressing

| Product                                   | Available Sizes | SKU    | PECOS Pack Size |
|---|-----------------|--------|-----------------|
| L-Mesitran® Ointment                      | 20g (48% honey) | 268023 | 1 x 14          |
| L-Mesitran® Soft (gel)                    | 15g (40% honey) | 269952 | 1 x 14          |
| Actilite® (impregnated with manuka honey) | 5x5cm           | 197392 | 1 x 10          |
|   | 10x10cm         | 138104 | 1 x 10          |

### Iodine dressing - Cadexomer-Iodine

| Product   | Available Sizes | SKU    | Pack Size |
|-----------|-----------------|--------|-----------|
| Iodoflex® | 5g              | 037452 | 1 x 5     |
|           | 10g             | 071333 | 1 x 3     |
| Iodosorb® | Ointment 10g    | N/A    | 1 x 4     |

### Iodine dressing - Povidone-Iodine

| Product  | Available Sizes | SKU    | PECOS Pack Size |
|----------|-----------------|--------|-----------------|
| Inadine® | 5x5cm           | 039654 | 1 x 25          |
|          | § 9.5x9.5cm     | 061662 | 1 x 25          |

§ If issued on prescription Inadine® 9.5cm<sup>2</sup> pack size is 10 dressings.

### Silver Coated Barrier Dressing

| Product   | Available Sizes | SKU    | PECOS Pack Size |
|---|-----------------|--------|-----------------|
| ActivHeal Aquafiber® Ag<br>1 <sup>st</sup> Choice | 5x5cm           | 270897 | 1 x 10          |
|   | 10x10cm         | 270873 | 1 x 10          |
|   | 15x15cm         | 270880 | 1 x 5           |
|   | 2.7x32cm Ribbon | 270903 | 1 x 5           |
| Askina® Calgitrol® Ag                             | 10x10cm         | 164943 | 1 x 10          |
| Askina® Calgitrol® THIN                           | 5x5cm           | 271764 | 1 x 10          |
|   | 10x10cm         | 271771 | 1 x 10          |
| Askina® Calgitrol® Paste                          | 15g             | 271757 | 1 x 5           |
| CliniSorb®  | * 10x10cm       | 024728 | 1 x 10          |
|   | 10x20cm         | 024735 | 1 x 10          |
| Flamazine® Cream                                  | 50g Tube        | N/A    | 1 tube          |
|   | 250g Jar        | N/A    | 1 jar           |
|   | 500g Jar        | N/A    | 1 jar           |

\* Please continue to order Actisorb® Silver 220 with charcoal - 10.5cm<sup>2</sup> [SKU-025312 - 1 x 10] until current NDC stock is depleted.

For specialist dressings see the formulary webpages

Refer to the NHSG Joint Wound Care Formulary for product information. This can be accessed online, visit <https://www.grampianformulary.scot.nhs.uk/chaptersSub.asp?FormularySectionID=26>