

## Appendix 1 - Stoma Pouch Prescribing Guidance

It is recommended that a maximum of one month supply is made until a patient's stoma is stable. Once stable a two-month supply may be prescribed.

All pouches should be delivered with wipes and disposal bags by the supplier as a matter of course and these items do not need to be ordered separately.

Type	Details	Suggested monthly order quantity
One Piece Closed Pouches	Pouches can be changed up to 2 to 3 times daily.	30 – 90 pouches
One Piece Drainable Pouch (including urostomy pouches)	Pouches can be changed every 2 to 3 days, or daily if preferred.	30 pouches
Two Piece Closed Systems (involving a base plate and pouch)	Most two piece closed systems require separate orders for base plates (also known as flanges or wafers) and pouches. Base plates are usually left in place for 2 to 4 days. Pouches can be changed up to 2 to 3 times daily.	15 base plates 90 pouches
Two Piece Drainable System (involving a base plate and bag)	Most two piece drainable systems require separate orders for base plates (also known as flanges or wafers) and drainable bags. Base plates are usually left in place for 2 to 4 days. Pouches can be changed every 2 to 3 days, or daily if preferred	15 base plates 30 pouches
Night Bags	Used for one and two piece urostomy systems, changed daily.	30 bags
Non sterile non-woven gauze swabs	Used to clean the peristomal skin. 200 swabs should be sufficient for the majority of stoma patients. Exceptions may include high output stoma or patients with more than one stoma.	200 swabs