

Westholme  
Woodend Hospital  
Queens Road  
ABERDEEN  
AB15 6LS

Date: Issued to GP Practices March 2024  
Your Ref: MedMan/LC/Emollient180324

Dear Patient,

### **NHS Grampian Oatmeal Creams**

As you will be aware, it is becoming increasingly important that the NHS prescribes medicines and medical appliances as efficiently as possible without, of course, compromising the quality and safety of care we provide to patients.

Oatmeal creams are emollients (moisturising creams) used to treat skin dryness. Epimax<sup>®</sup> Oatmeal cream, AproDerm<sup>®</sup> Colloidal Oatmeal Cream and Zeroveen<sup>®</sup> Cream are NHS Grampian Oatmeal creams of choice. Prescribing NHS Grampian Oatmeal creams of choice ensures the best value for money.

NHS Grampian have asked all doctors, nurses and pharmacists to follow this guidance.

What this means for you –your prescription will be changed to an NHS Grampian Oatmeal cream. Other Oatmeal creams (e.g. Aveeno<sup>®</sup>) will no longer be available on prescription, however remain available to be purchased from community pharmacies or other retailers.

Thank you for supporting NHS Grampian in making the best use of the limited public monies we receive to provide healthcare to you and your communities.



Lesley Coyle  
Associate Director of Pharmacy