

**Pharmacy and Medicines
Directorate**

Summerfield House
Woodend Hospital
2 Eday Road Road
ABERDEEN
AB15 6RE

Date: February 2025

Dear Patient,

GP Practice Prescribing of GLP-1 Medications for Weight Loss

Prescribing of GLP-1 weight loss medicines (e.g. liraglutide, semaglutide & tirzepatide) by your GP practice is not currently available in NHS Grampian.

NHS Grampian, in conjunction with the appropriate specialist service colleagues, are currently reviewing available guidance to inform the appropriate local use of these medicines. Like other NHS Boards, NHS Grampian are considering how these medicines will be introduced into the local pathway for weight management, which patients should be eligible for treatment first and which local clinicians will assess and manage such treatment.

NHS Grampian has advised all GP practices that they should not currently prescribe GLP-1 medications for obesity/weight loss.

Yours sincerely



David Pflieger
Director of Pharmacy

Further information relating to maintaining a healthy weight can be found at www.nhsinform.scot