



# Informed Decision Making Masterclass

Amanda Gotch, Consultant Midwife, NHS Grampian

Leigh Ewen, Senior Project Manager, Realistic Medicine Programme, NHS Grampian & NHS Orkney

## Our Strategic Direction and Priorities



## Our Professional Practice Model: Nurses, Midwives and Allied Health Professionals



### I am accountable for...

- What I do and decide not to do
- Ensuring evidence based practice
- My professional judgement
- My professional registration
- My contribution to the team

### I commit to...

- Acting on what is important and speaking up
- Keeping up to date, sharing with, learning from and teaching others
- Improving practice and encouraging innovation
- Listening and communicating effectively
- Taking care of myself and colleagues
- Treating everyone with dignity and respect
- Being open to ideas and challenge
- Shared decision-making



### We will achieve...

- The best possible quality outcomes
- People feeling safe and enabled to be as active and independent as possible
- Enhanced autonomy and a strong professional voice
- Open and honest communication
- A well informed workforce
- A workforce that feels valued, recognised and rewarded.
- Effective team work

I believe in **PERSON-CENTRED CARE** that is:  
caring & enabling      safe & vigilant      accountable & reliable

*We are caring, listening, improving*

Maternal, Newborn and  
Infant Clinical Outcome  
Review Programme



## Saving Lives, Improving Mothers' Care

### State of the Nation Themed Report

Lessons learned to inform maternity care from the UK and Ireland Confidential Enquiries into Maternal Deaths from infection, neurological, haematological, respiratory, endocrine, gastrointestinal and general surgical causes 2019-21



October 2023

# informed decision making

## National Institute for Health and Care Excellence

Final

### Shared decision making

[B] Evidence review for interventions to support effective shared decision making

NICE guideline NG197

Evidence reviews underpinning recommendations 1.2.1 to 1.2.18 and research recommendations in the NICE guideline  
June 2021

Final

These evidence reviews were developed  
by the NICE Guideline Updates Team



Royal College  
of Midwives

# Aim

To support women and pregnant people to share what's important to them. Provide colleagues with the skills, knowledge and tools to facilitate a 'good conversation' and support colleagues to describe and communicate information about risk clearly and effectively in a way that is understood by women and pregnant people.

# Measures

## From Masterclass

Colleagues pre and post confidence survey and general feedback

Faculty feedback from Masterclass

## Once Masterclass finalised

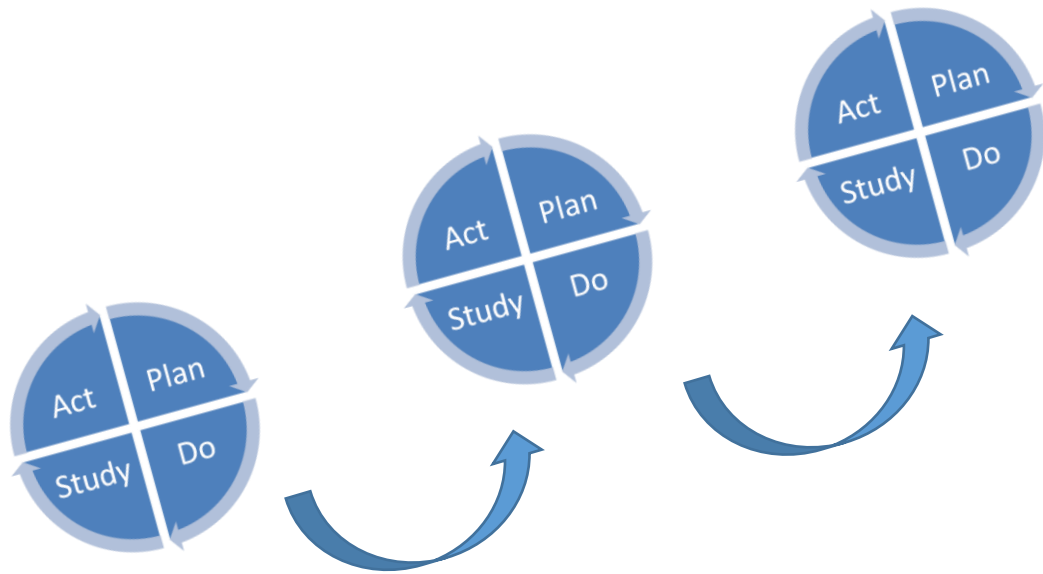
Women complete collaboRATE 5 point scale

**and**

Observer OPTION 5 is a new version of the observer-based measure that is more tightly focused on the core constructs of shared decision making, and includes items on preference construction and preference integration. It is based on the collaborative deliberation model.



# Plan and Do

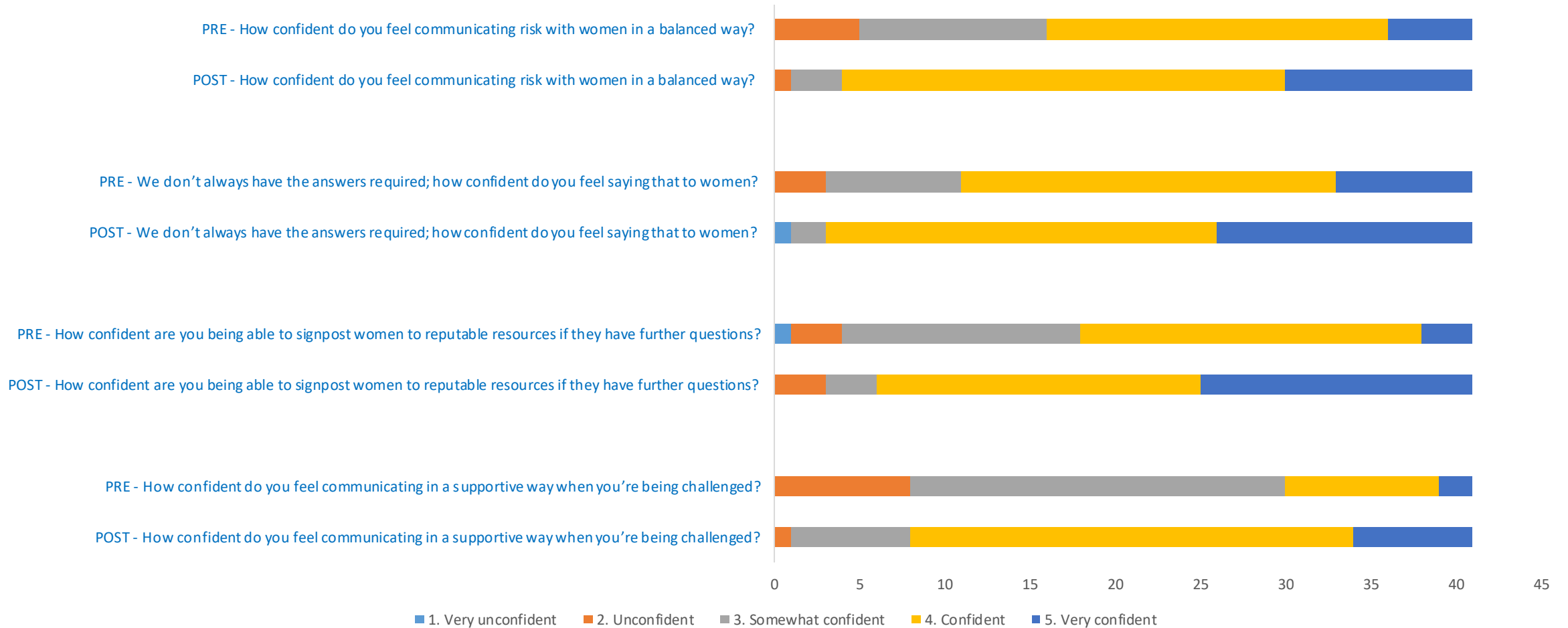


DECIDE MODEL	
<b>D</b> EFINE	— We are making a decision with you about X
<b>E</b> XPLAIN	— Can we start by talking about your health problems and situation?
<b>C</b> ONSIDER	— Let's talk about available options / likely benefits / risks or harms
<b>I</b> NVITE	— I would like to hear about what matters to you / your relative
<b>D</b> ECIDE	— Let's find the right option for you
<b>E</b> VALUATE	— You think the best option is Y, because... Is that right?



# Study and Act

## Pre and Post confidence survey results



# The Recommendations

It is recommended that these sessions spread through health and social care in Grampian, with the following adjustments;



The framework document requires condensing to support the scenario and the facilitators



In the preparation stage a cohort of 'actors' is agreed along with a library of scenarios being compiled



That succinct pre-session materials are shared with participants before the session, helping to set expectations and 'set the scene' for the simulation



Measurement and ongoing review of the masterclasses continues, with the addition of how this impacts informed decision making for the person