Inguinal Hernia – Opt-in pathway

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CfSD best practice pathway

What is the Opt-In Pathway?

- Part of Active Clinical Referral Triage (ACRT) or Enhanced Vetting process

Effective and Quality Intervention Pathways (EQuIP)

scottish access collaborative

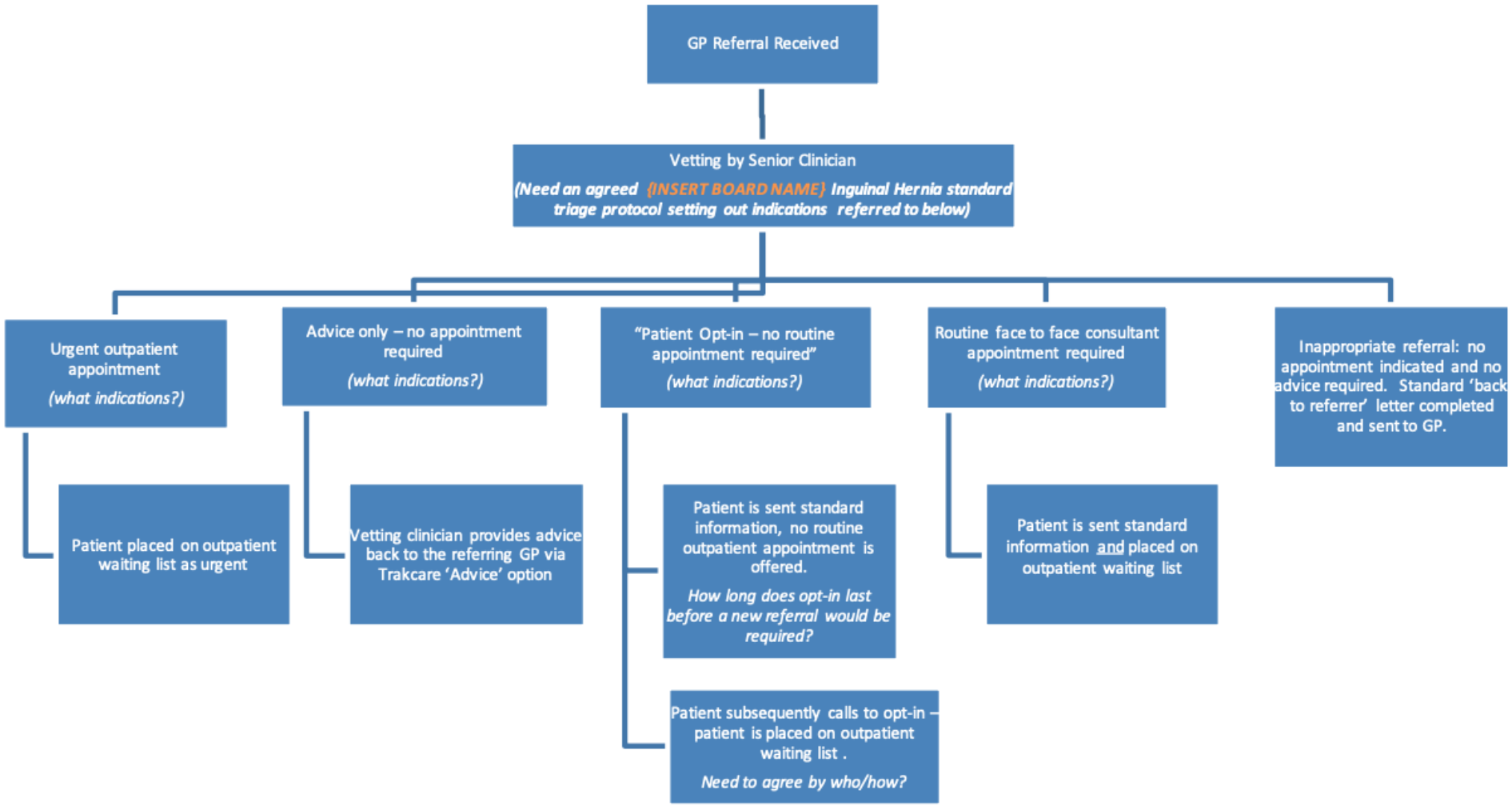
Effective and Quality Intervention Pathways (EQuIP)

Toolkit November 2019

Scottishaccesscollaborative@gov.scot

@accesscollab

{INSERT BOARD NAME} Inguinal Hernia ACRT Pathway



CfSD best practice pathway

- Successfully used in orthopaedics pathways across Scotland since 2017
- Appropriate patients are provided with clinical information around their condition (inguinal hernia) – Causes, Surgery Options, Risks
- Patients contact the General Surgery service contact number if they wish to be seen to discuss having surgery
- If patient opts in, they are added to waiting list for appointment

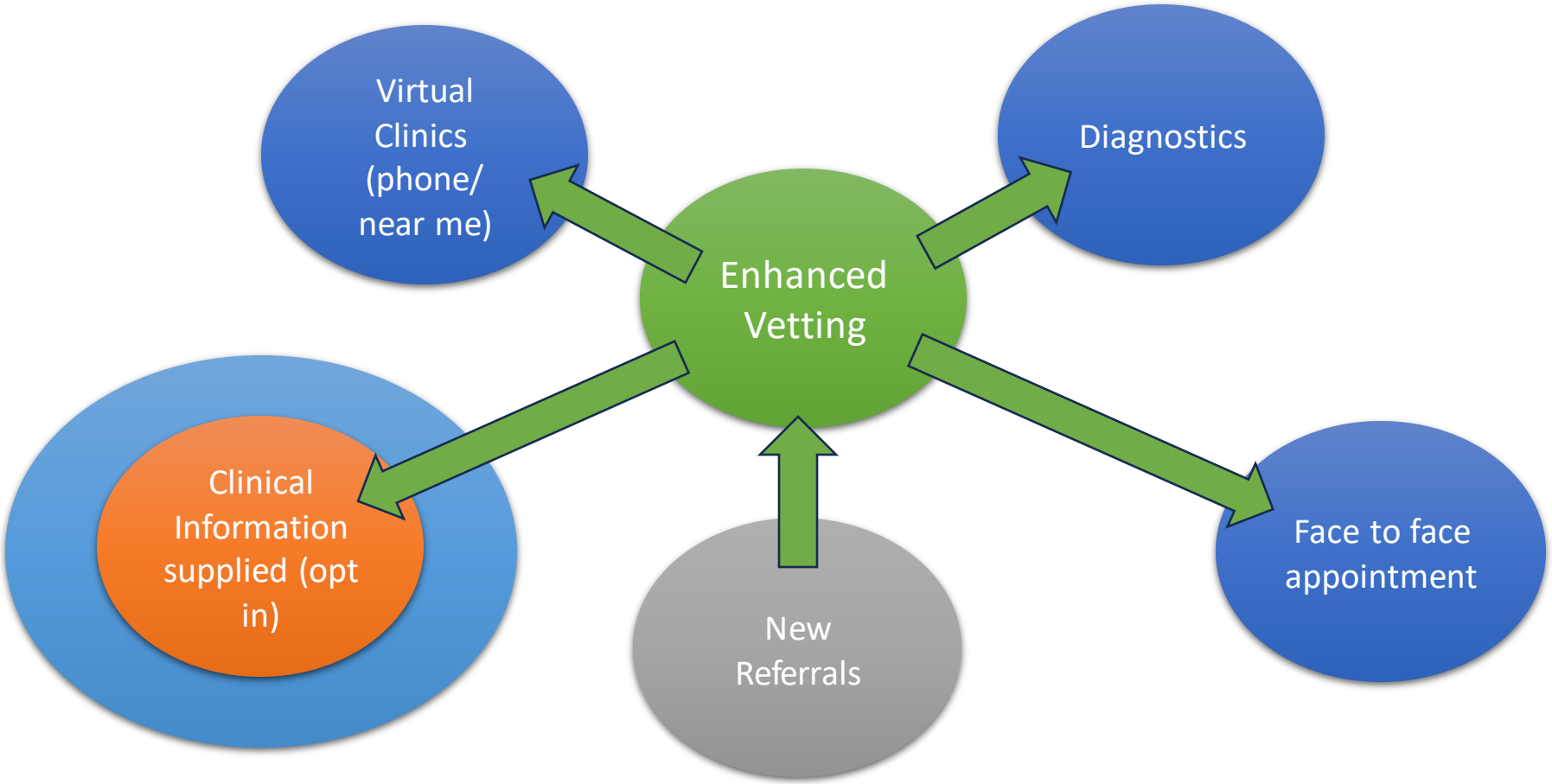
HeatMap progress and projection - 2023/24

- CfSD's aspiration for ACRT and PIR was 'saving' 168,759 OP appointments
- Boards set their aspiration for ACRT and PIR to 'save' 180,286 OP appointments
- Boards are set to achieve 95% of their set aspiration

Anonomised code	2023/24 - % measure performance	2023/24 - % aspiration progress (year)
X66	-	-
X88	6%	34%
X44	29%	69%
X77	9%	100%
X00	7%	26%
X55	-	-
X33	34%	46%
X98	40%	48%
X65	5%	27%
X21	15%	100%
X25	16%	83%
X40		
X22	-	0%
X15	50%	100%

Traditional Process

ACRT



CfSD best practice pathway

Rolled out in ARI

Resources / process tried and tested

Dashboard available to measure impact

CfSD best practice pathway

Benefits

- Clinical information provided quickly with the patient. Traditionally, no information is shared until secondary care.
- Improves individual's knowledge and facilitates shared decision making
- Reduces number of appointments which are of no value to patient
- Improves waiting times for patients

Pilot approach

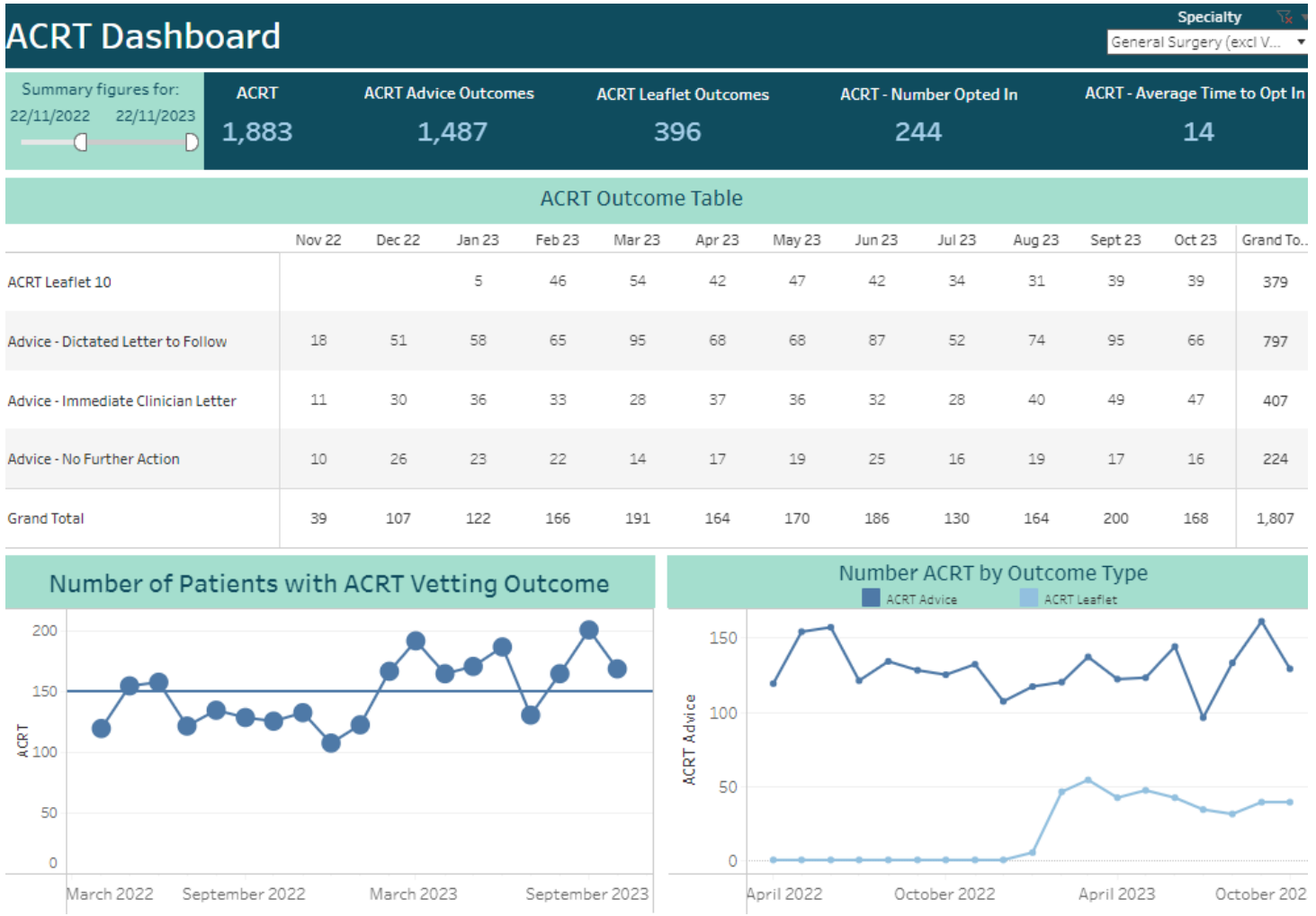
Tested administrative and clinical process with one consultant & one coordinator – Approx. 4 months

Rolled out to full team once processes fully ironed out

Resources available on SharePoint -
https://scottish.sharepoint.com/sites/GRAMServiceRedesignToolkit/SitePages/ServiceRedesignToolkitHome.aspx
https://scottish.sharepoint.com/sites/GRAMEnhancedVettingToolkit/SitePages/LearningTeamHome.aspx

ACRT Dashboard

- Summary figures for past year in General Surgery -
- Number on ACRT pathway: **1883**
- Number on opt-in pathway: **396**
- Number patients opted in: **244**
- **% opt in: 62%**



Link here: [ACRT Dashboard: ACRT Dashboard - Tableau Server (scot.nhs.uk)]

Next Steps

Supporting Dr Gray's Hospital in their roll out of the opt-in pathway for inguinal hernia

Support services to rollout elsewhere

Potential to start opt-in direct access at Dr Gray's Hospital initially

Potential for video format of the info