## Unconscious Bias & Active Bystander Workshop

**Equality and Diversity** 

Direct

Distract

Delegate

**Delay** 



There are two parts to this workshop. The first half of this session will explore Unconscious Bias and how to recognise it. The second half will explore how colleagues can safely intervene as an Active Bystander when witnessing inappropriate behaviours in the workplace. This is an interactive session with activities including presentations, group discussions and watching training videos

## Learning aims:

- 1. Promote a culture of allyship
- 2. Empower staff to challenge unacceptable behaviour
- 3. Enhance a culture of inclusion
- 4. Becoming an antiracist and antidiscriminatory health board

## **Learning outcomes:**

By the end of the workshop, the participant will have a better understanding of unconscious bias, micro-behaviours, impacts of bias, challenges about bystander interventions and strategies for successful bystander interventions.

## **Next Sessions:**

- 22 Jan 10:00-11:30 via MS Teams
- **◆** 7 May 10:00-11:30 in person at ARI (Venue TBC)
- ◆ 10 Sep 10:00-11:30via MS Teams
- ◆ 10 Dec 10:00-11:30 in person ar ARI (Venue TBC)







To book on either scan the qr code above of vsiit https://rb.gy/3iqlxg. For more inormation get in touch at gram.staffequalities@nhs.scot